



5K Run/Walk | 1-Mile Fun Run/Walk
Benefiting the Joseph T. Simpson Public Library

LOCATION:

Winding Hills Park—North & South
901 E. Winding Hill Road (Upper Allen Township)
Mechanicsburg, PA 17055

WHEN:

7:45 am Check-in begins
8:30 am 5K Run/Walk begins
9:15 am 1-Mile Fun Run/Walk begins
9:30 am Awards presentation

REGISTRATION FEES:

On or before July 25:

- \$25 pre-registered 5K participant
\$10 Family Fee for 1-mile Fun Run/Walk (no shirt)
\$5 Single Fee for 1-mile Fun Run/Walk (no shirt)

After July 25 through Race Day:

- \$30 per 5K participant (shirt not guaranteed)
\$10 Single/Family Fee for 1-mile Fun Run/Walk (no shirt)

Family registration available with mail-in registrations only.
All registrations must be in same envelope.

COURSE:

The 5K runs through paths in both Winding Hills Park North and South as well as through neighborhood paths and roads.

RESULTS:

Finish line and timing service by Pretzel City Sports. Race results posted on www.pretzelcitysports.com and on the library's web page within 72 hours after the race at www.simpsonlibrary.org.

AWARDS: 5K medals given to 1st, 2nd, and 3rd place in each age group; cash and medal prizes given to top 5K three male and female finishers overall and top Veteran\* finisher. No medals for 1-Mile Fun Run/Walk or virtual participants.

5K AGE GROUPS:

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over

CONTACT INFORMATION: Dawna Trump at dtrump@cumberlandcountylibraries.org or 717-766-0171.

OPTIONAL ONLINE REGISTRATION AVAILABLE

https://www.pretzelcitysports.com/online-registration/

PLEASE CHECK ONE: In Person 5K Virtual 5K

ONE REGISTRATION FORM PER PERSON

Name Email

Address City, State, Zip

Phone Age on Race Day Male Female

Shirt Size—register by July 25 to guarantee shirt availability Are you a Veteran\*? Yes No

Adult S Adult M Adult L Adult XL Adult 2XL Youth S Youth M Youth L

5K participant (\$25 on or before July 25; \$30 after July 25) 1-Mile Fun Run/Walk (\$5 Single/\$10 Family Rate; \$10 per shirt)

\*Same cost for in-person or virtual.

Virtual-shirt pick up at library post race.

\$ Enclosed (checks payable to Simpson Public Library, 16 N. Walnut St., Mechanicsburg, PA 17055)

I certify that I suffer no conditions likely to cause me injury or illness from participation in this event. I waive and release any and all rights I may have against the Joseph T. Simpson Public Library, sponsors, their agents, employees, tenants, volunteers, and Upper Allen Township for damages, injuries, or losses I may suffer as a result of this event. I grant permission to the aforementioned to use my name and/or photography or videotape of this event without limitation or obligation.

Signature (REQUIRED) Date

Parent/Guardian Signature (if under age 18)

CHECK or CASH OFFICE USE: AMT \$