



THE RUNEGADES PRESENT

# POTTSTOWN'S -2023 "TUESDAYS IN THE PARK" ICE CREAM RUN SERIES!!



## 5K RACES & KIDS FUN RUN WITH FREE ICE CREAM AND BEER

Join us the Fourth Tuesday of every month May-August  
May 23, June 27, July 25, August 22

**SAVE \$20 and Get a T-Shirt when you Register for All 4!**

**Where:** Pottstown's Riverfront Park, 140 College Drive Pottstown, PA 19464.

**When:** May 24th, June 28th, July 26th, and August 23<sup>rd</sup>

5K starts @ 7pm / Free Kids Fun Run starts @ 6:45 pm

**Awards:** Gift certificates to Keystone Running Store for overall male and female, plus first, second, & third place in each age group win medals.

**5K Divisions:** 12&Under, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

**Amenities:** FREE Ice Cream to all the runners after the race!

A FREE beer coupon at a local pub to all runners 21 and over.

**Cost:** \$17.50 per race (\$70) when you sign up for all 4 series races. **\*T-shirt only if you sign up for all 4!**

\$22.50 for individual races and \$25.00 on race day. Kids Mile Fun Run 10 and under always FREE!

**For more information and to register online, go to [RUNegades.com](http://RUNegades.com)**

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

All 4 \_\_\_\_\_ 5/23 \_\_\_\_\_ 6/27 \_\_\_\_\_ 7/25 \_\_\_\_\_ 8/22 \_\_\_\_\_ Unisex T-shirt Size (circle one): S M L XL XXL

**Waiver:** In signing this entry I, for myself, my heirs, executors, and administrators release the Borough of Pottstown, Riverfront Park, Chester County Running Store, RUNegades, Inc., and all event representatives and sponsors, from liability to any and all injuries, damages, and/or claims of any description which might arise out of this event. I understand that running a race entails certain risks and I certify that I am healthy enough to compete in this activity. I have read and understand the aforementioned release and sign it voluntarily. I attest that I am fit, able, and capable of running this race.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian (if under 18): \_\_\_\_\_

**Make Checks Payable to: Pennsylvania Running Company, LLC**

**Submit entries in person @ Keystone Running Store, 200 High Street, Pottstown, PA.**

**OR Mail to: Pennsylvania Running Company, 1129 Bateman Drive. Phoenixville, PA 19460**