

Run Baby Run 4 Miler

Presented
by:



With 2 Mile Walk and Kids Fun Run

Sunday, August 13, 2023 ~ Skippack, PA ~ 8AM

Benefiting the Spreading Hope and Smiles Foundation - \$100 Cash Prize for new Record (20:19)

- Location:** Skippack Elementary School, 4081 Heckler Rd, Skippack, PA 19474 - Events held rain or shine
- Registration:** Registration and bib pick-up at 7:00 AM. 4 Mile Race @ 8:00 AM/Kids Fun Run @ 7:45 AM/2 Mile Walk @ 8:05AM
Registration to remain open for each event until 10 minutes prior to start
- Description:** **4 mile** course runs through Palmer Park, local neighborhood, and along the Skippack Trail (paved).
2 Mile walk option! Walkers welcomed on full course or shorter 2 mile option
- Kids Fun Run** For Kids 16 & Under, approx ¼ mile (kids will do 1 loop of playground)
- Entry:** **4 Miler or 2 Mile Walk: \$25 registration** if postmarked by July 21, 2023, including a **guaranteed shirt**.
After July 21, **\$30** and including race day, shirts while supplies last.
Kids Fun Run for ages 16 & Under- \$10 until July 21, 2023. After July 21, **\$15**
All kids receive a t-shirt (while supplies last) and a finishers medal!
- Awards:** 4 Miler Awards: M & F winners, M & F Masters (40+) winners, plus top 3 M & F finishers in age groups:
14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Awards not incl. with 2 Mile Walk
- Amenities:** Tech shirts, wheel measured course, water stations on course, refreshments, music, water ice, and much more!

Please visit www.spreadinghopeandsmiles.org/runbabyrun for more information. Contact: spreadinghopeandsmiles@gmail.com

Optional Online Registration Available at www.pretzelcitysports.com (nominal service fee applies, closes at Midnight, Aug. 9th)

First Name: _____ Last Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

Gender: M F Age on Race Day: _____ Circle one: 4 miler 2 Mile Walk Kid's fun run

Shirt Size: YS YM YL S M L XL (if youth sizes aren't available in tech, cotton will be substituted)

Emergency Contact Name: _____ Emergency Phone Number: _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Running for Grins, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Running for Grins to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER

Signature _____ date ____/____/ 2023
(if under 18, legal guardian must sign)

Make checks payable to "Spreading Hope and Smiles" and note "Run Baby Run" on memo line.
Mail payment with this form to: Spreading Hope and Smiles, 1943 Roosevelt Blvd, Hatfield, PA 19440