

LEHIGH PARKWAY ULTRA

SOLO ■ 50K ■ TEAM

JOIN US for the ONLY ultramarathon in the Lehigh Valley!

Our course through the beautiful Lehigh Parkway is relatively flat and fast by ultrarunning standards, with a soft and very runnable crushed gravel surface for the majority of every 10K loop. A generous 10 hour time limit and a loop course with access to aid stations every few miles makes this race perfect for a first 50K — or for setting a new PR at this distance. And if you're not up for the whole challenge but you can run at least 10K, then grab some runner friends for a relay team and cheer each other on throughout the day! Runners will pass under 182-year-old Bogert's Bridge, one of the oldest covered bridges in the U.S. and the inspiration for our race logo.

DATE: Saturday, September 21, 2024

WHERE: Lehigh Parkway, LVRR Clubhouse
1696 Park Dr, Allentown, PA 18103

DISTANCE: 50K - Solo & Team categories

RACE DAY CHECK-IN: 7-7:45 am, LVRR Clubhouse

START TIME: 8 am

TIME LIMIT: 10 hours

50K SOLO: Must be 18 or older to participate
\$65 (Before May 12)
\$70 (May 13 - August 31)
\$75 (September 1 - 14)

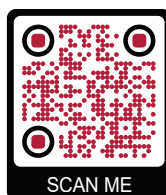
50K RELAYS: Relay team members must be 15 or older
Maximum of 5 runners per team
\$200 per team

AWARDS: Top 3 Male & Female Overall + Top 3 Male & Female in age groups 18-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ (Solo category)
Top Male, Female, Coed, & First Responder (fire, police, etc.) Teams
Finisher medals to all Solo and Relay Runners

SWAG: All participants receive a soft 3/4-sleeve raglan baseball tee in a new color for 2024. Shirt features our race logo. Shirt sizes: Small, Medium, Large, X-Large.

REGISTRATION: ONLINE REGISTRATION ONLY / NO RACE DAY REGISTRATION. Register online at <https://runsignup.com/lehighvalleyultra>.
Scan the QR code below to go directly to race signup page. Maximum number of entrants is 200. We will re-evaluate if or when we reach 200 registrants.

QUESTIONS: Email ultra@lvrr.org



REGISTER ONLINE
Scan this QR code
with your phone

PRESENTED BY

