

Wayne's Warriors

5k Run & 1 Mile Kids Fun Race



Sunday, Sept 24, 2023 9:00 A.M - Douglassville

WHO: Runners of all ages! Gather your family, friends. Walkers are also invited to participate using the same course. The course is stroller and wheelchair accessible.

WHAT: The Wayne's Warriors 5K is a fundraiser for Lung Cancer Awareness. Proceeds to benefit the McGlinn Cancer Center Institute in memory of Wayne Goodwin.

WHERE: NEW LOCATION!!!! Union Meadows Park/Union Township - 100 Campbell Rd. Douglassville PA 19518.

Registration & number pickup opens at 8:00 a.m. 5k starts at 9:00 a.m., 1 Mile Kids Fun Race at 10:00am

COURSE: FLAT, FAST! Clock at finish, refreshments, & mile splits. Rain or shine. No refunds or mailed awards.

AWARDS: 5K: Medals will be presented to 1st Overall Male & Female plus top 3 M & F in the following Age Groups: 19 & Under, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+. Medals will also be presented to 1st 2nd and 3rd place finishers of the kids race. 1M Kids Race for 18 yrs old & under.

Note: Kids participating in both the 5k & fun run must enter twice.

ENTRY: 5k: \$30 if postmarked by Sat, Sept 1, 2023 incl. guaranteed t-shirt. Afterwards, incl. race day, \$35.

1 Mile Kids Run: For Children 18 & Under. \$10 if postmarked by Sept 1. Afterwards, inc. day of race, \$15. Also, shirts are not included, due to reduced fee.

Optional Online Registration available at www.pretzelcitysports.com

(Nominal processing fee applies, closes at midnight, the Wed. of race week)

Following the run, there will be multiple raffles to participate in! Gift baskets to be raffled and 50/50 chances.

RACE DIRECTOR: Colleen Goodwin, 484-638-1251 or email me at midnitemagee1@aol.com - more info at [Wayne's Warriors | Pretzel City Sports](#)

MAKE CHECK PAYABLE TO "Wayne's Warriors"

MAIL CHECK & FORM BELOW TO: 6234 Pond View Dr. Birdsboro PA 19508

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K 1M Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : S M L XL Phone: (____) _____ A.M. or P.M.??
circle one or both

Email: (print clearly) _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Wayne's Warriors any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

date ____/____/ 20__