

## Runners

### 5K REGISTRATION

Register online at [SupportMorningStar.com](http://SupportMorningStar.com)  
**OR** Day-of at the Carousel Pavilion, 7:00am

### 5K REGISTRATION ENTRY FEE

**By August 27: \$30**  
**After August 27: \$35**

*Collectible shirts to all runners guaranteed until 8/16.  
After 8/16, while supplies last.*

Age Categories: 14 and under, 15-19, 20-29, 30-39,  
40-49, 50-59, 60-69, 70+

### 5K AWARDS \*You must be present to receive award

- Overall top male & female runners: medals & prizes
- First place male & female runners in each age category: medals & prizes
- Second place runners: medals
- Third place runners: medals

## Walkers

### WALK REGISTRATION

Register online at: [SupportMorningStar.com](http://SupportMorningStar.com)  
**OR** Day-of at the Carousel Pavilion, 8:30am

### WALK REGISTRATION ENTRY FEE

#### **FREE registration for walkers!**

*Collectible shirts to all walkers who raise at least \$30+. Enter funds raised online by 8/16 to guarantee your shirt.  
After 8/16, while supplies last.*

### **SPECIAL PRIZES AWARDED TO TOP FUNDRAISERS!**



2509 N Front Street  
Harrisburg, PA 17110

717-734-4630  
[SupportMorningStar.com](http://SupportMorningStar.com)



5K Run and Walk for Life

BENEFITTING THE LIFE-SAVING MISSION OF

Morning Star

**SATURDAY**  
**9/16**

**HARRISBURG**  
**CITY ISLAND**

**5K RUN AND WALK FOR LIFE**

LIVE MUSIC - FREE PANCAKE BREAKFAST  
CITY ISLAND TRAIN RIDES & CAROUSEL





Since 1972, Morning Star has been supporting women, men & families facing unplanned pregnancies.

Your support provides these services to our community at no cost:

Confidential Counseling

Pregnancy Testing

Ultrasound Examinations

STD Testing & Treatment

Abortion Pill Reversal

Fatherhood Program

Relationship & Sexual Health Education

Parenting Education Classes

Baby Clothing & Supplies

Post Abortion Support



## Three Steps to Make a LIFE-SAVING DIFFERENCE

### 1 REGISTER TO ATTEND

Join hundreds of supporters of Life at this fun family event! **Register today at SupportMorningStar.com** and create your individual fundraising page.

### 2 FORM A TEAM

When you invite your friends to join your team, you are educating our community about Morning Star and multiplying our support. **Form a team** to make an even bigger impact on Life!

### 3 FUNDRAISE FOR MORNING STAR

Whether your fundraising goal is \$625, \$250, or \$50, every dollar you raise can make a Life-saving difference! Ask your family, coworkers and church community to help you support moms, dads and families in Central PA. **Visit SupportMorningStar.com and download our fundraising toolkit** for ideas and tips to reach your goal.

## DID YOU KNOW?

It costs Morning Star approximately \$625 to provide one mom with Life-affirming services. Help us reach our goal of \$68,000 to support 109 clients. How many moms can you support?

## Event Schedule

7:00am Run Registration/Check-in

8:00am 5K Run (Chip Timed)  
Live Music

8:30am Walk Registration/Check-in  
Pancake Breakfast

9:00am 5K Awards Ceremony  
Train Rides & Kids' Zone

10:00am Walk for Life

12:00pm Close

## FREE ACTIVITIES

Train Rides, Carousel, Bounce House, Pancake Breakfast, Live Music and More!



## REGISTER TODAY!

View run routes, get our fundraising form, and register today at SupportMorningStar.com



FOR MORE INFORMATION AND TO REGISTER:

[www.SupportMorningStar.com](http://www.SupportMorningStar.com)

Call 717-734-4630 |  SupportMorningStar