


SOLID ROCK

5K & FUN RUN

August 5, 2023

 ENOLA LOW GRADE TRAIL
301 E. State Street, Quarryville, PA 17566



SOLID ROCK 5K RUN/WALK & FUN RUN | EVENT INFORMATION

Make checks payable to:
Solid Rock Youth Ministries

Mail completed and signed registration form to:

Solid Rock Youth Ministries
34 E State Street, Quarryville, PA 17566

	Individual	Team Member	Kids Fun Run (12U)
Early Bird: May 19 – June 16	\$30	\$25	\$12
Standard: June 17 – Aug. 4	\$35	\$25	\$12
Day Of: Aug. 5	\$40	Not Available	\$12

SCHEDULE

7:00AM | Registration & packet pick-up

8:00AM | Kid's Fun Run

8:30AM | 5K Run/Walk
(Awards ceremony to follow)

Race will be held rain or shine.

TEAMS

Get some friends or coworkers together to get a deal!
(Teams must have at least 5 people).

FUN RUN

Fun Run is 12U. Each participant will receive a goodie bag, medal, and shirt if registration is received by July 7, 2023.

This is a fun run sprint, less than a half a mile out and back.

PACKET PICK-UP

Friday, August 4th from 5–7PM at Solid Rock, 34 E. State Street, Quarryville, PA 17566. Day of pick-up begins at 7:00AM.

PARKING

Parking is available at the trailhead. Additional parking is across the street, but will be limited. Carpooling is encouraged.

AWARDS

Overall first place M/F finishers will receive a medal and cash prize. Top 3 M/F finishers in each age group will receive a medal:
14U, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

REGISTRATION

Register online at:
solidrockquarryville.com/run

Register by mail:
Print and mail registration forms to:
Solid Rock Youth Ministries
34 E. State Street,
Quarryville, PA 17566.

Make checks payable to:
Solid Rock Youth Ministries

Online registration closes at midnight on August 2, 2023.

Registration must be received by July 7, 2023 to be guaranteed a shirt and goodie bag.
(After this date, shirts and bags will be limited in quantity).

QUESTIONS? CONTACT US:

Raeanne Nixon

Solid Rock Executive Director
raeanne@solidrockquarryville.com

Mary Price

Race Director
marymendenhall06@gmail.com