



Sunday August 13, 2023 at 9:00am

All proceeds from the race will be donated to Metavivor 100% funding breast cancer research. Research is the only way to find more treatments for those battling breast cancer to improve life span and one day hopefully to find a cure!

DATE: Sunday August 13, 2023

LOCATION: The Stone House in Wyomissing 1216 Parkside Drive N, Wyomissing, PA 19610

TIME: Registration/number pickup opens at 8:00 am, 5k starts at 9:00 am, 1 Mile Fun Run/Walk starts at 9:00 am

AWARDS: 1st overall male, 1st overall female, and top 3 female and top 3 males in each age group will receive awards. No awards for 1 Mile fun run. Age groups: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, and 60+

ENTRY: 5k/1 Mile Fun Run - \$25.00 with shirt guaranteed if registered by July 24th. After that date and including race day \$30.00, shirts available while supply last.

Groups of 5+ \$20 per person with shirt guaranteed if registered by July 24th. After that date and including race day \$25.00 per person shirts available while supplies last. Online Registration not available for group rate, use mail in registration form.

**Optional Online Registration available at www.pretzelcitysports.com
(Nominal processing fee applies, closes at midnight, the Wed. of race week)**

RACE DIRECTOR: Gabriella Calloway, phone: 4842191583 email: MilesforMariaRace@gmail.com

MAKE CHECK PAYABLE TO "Miles for Maria"

MAIL CHECK & FORM BELOW TO: Miles for Maria, 111 Canberra Ct, Reading PA 19608

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K 1M Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : S M L XL Phone: () A.M. or P.M.??

circle one or both

Email: (print clearly) _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Miles for Maria, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date / / 20__