

Big Impact Group of Schuylkill County

Miles For Mentoring



5K & Fun Run

Saturday, July 29th, 2023

Blue Mountain Middle School

685 Red Dale Road
Orwigsburg, PA 17961

5K - \$25 (pre-register by July 14th)
\$30 (After July 14th)

Fun Run/Walk- \$20 (1 Mile) ALL AGES

ALL PARTICIPATES RECEIVE A TEE SHIRT!
Entries after July 22nd may not receive their tee shirt
that day!



7:30 AM – Check-in / Registration

8:30 AM – 5K Begins

9:30 AM – Fun Run/Walk Begins

10:00 AM – Award Presentations

AWARDS

5K – Overall Male & Female Winner - \$100 Gift Card
Overall Male & Female 2nd Place - \$50 Gift Card

Age Group Male & Female Winner - \$25 Gift Card

AGE GROUPS

14 & Under	15 to 19	20 to 29	30 to 39
40 to 49	50 to 59	60 to 69	70 +

**** Official Timing ****

CONTACT INFO: bigs.doug@aol.com or 570.622.0174 / Complete Registration below OR Go to ONLINE REGISTRATION:

Optional Online Registration: <https://www.pretzelcitysports.com/onlineform1.php?id=1716>
(Closes midnight, the Wed before the race, nominal service fee applies.)

NAME: _____ PHONE: _____ AGE(on race day): _____

E-Mail: _____

Male or Female

5K or Fun Run/Walk

Tee Shirt Size: YM YL S M L XL XXL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Big Impact Group of Schuylkill County. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effect of the weather, including high heat and/ or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature : _____ Date: _____
(Parent / Guardian Signature under 18)

Make Checks payable to: BIGS, 23 Meadow Brook Drive, Schuylkill Haven, PA 17972