

## Trails of History 5K/10K 1/2-Mile Fun Run/Walk

## Sunday, October 8, 2023 9:00am

**REGISTRATION:** Registration begins at 7:30am at the DeTurk Education Center. The race starts & finishes at the DeTurk Education Center and will begin at 9:00am. Participants will park in the DeTurk Education Center lot and the Wayside Lodge lot.

COURSE: Run through the historic Daniel Boone Homestead and experience the same trails Daniel explored as a child. Runners do one or two 5k loops around the Homestead. Let your legs determine what mileage you do at the end of the 1<sup>st</sup> loop. Snacks are available following the race. Water stop on route. The course is a combination of road and short grass. 1/2-mile fun run/walk for all ages around the historical area starting at the Craft Shed at 10:15. Walkers permitted in 5k and fun run/walk only.

**LOCATION:** The Daniel Boone Homestead is located about a ½ mile off of Route 422 in Exeter Township, halfway between Reading and Pottstown at 400 Daniel Boone Road, Birdsboro, PA 19508.

**AWARDS (same for both races):** Top M & F plus top 2 M & F in the following Age Groups 15 & under, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70+. Special award given for best dressed entrant displaying the era of the mid-1700s.

All proceeds go to support the Historic Daniel Boone Homestead. Questions? Contact us at <a href="mailto:thedanielboonehomestead@gmail.com">thedanielboonehomestead@gmail.com</a>.

## Trails of History Run \* Sunday, October 8, 2023 - 9:00am

**ENTRY FOR ALL EVENTS:** \$25 if entered by 9/24/2023 includes shirt. After that, \$30 up to and including race day while shirts last, or \$25 with no shirt. Make checks payable to: **Daniel Boone Homestead Associates.** Register online at <a href="https://www.pretzelcitysports.com">www.pretzelcitysports.com</a>. No refunds. Race is rain or shine.

Name	Phone	Sex:	M	F
Address	City	State	_Zip _	
Email	Age on race day		_	
Emergency Contact Name & Phon	e			

WAIVER: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic, hazards, debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather, getting lost, wildlife & insect attacks and all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Daniel Boone Association, all municipalities in which the event is held, the race director, course officials, all other organizations directly or indirectly associated with the race, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to all parties involved with the race to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. BY SUBMITTING THIS ENTRY ONLINE, I ATTEST THAT I AM AT LEAST 18 YEARS OLD, AND THAT I HAVE READ AND UNDERSTAND THIS WAIVER.

Signature	Date