

# St. Paul's UMC

## 250th Anniversary 5K

& 1/2 Mile Kids Fun Race

Saturday, Oct. 14, 2023 9:00 A.M.

*"Scenic out-and-back course with fast finish; Chicken BBQ (11AM) and Festival (2PM) onsite"*

LOCATION: St. Paul's United Methodist Church, 1136 Geigertown Rd, Birdsboro, PA 19508. Registration/ number pickup opens at 8:00 a.m. 5k starts at 9:00 a.m., 1/2 Mile Kids Fun Race at 9:45a.m.

COURSE: Out-and-back GPS measured course on rural roads near French Creek State Park. Clock at finish, refreshments to follow. Rain or shine. No refunds or mailed awards.

AWARDS: 5K: Separate awards for the first place male and first place female overall, plus top 3 finishers in each of the following: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+; 1/2M Kids Race for 12 yrs old & under: Top 3 males & females overall

Note: Kids participating in both the 5k & fun run must enter twice

ENTRY: 5k: \$30 if postmarked by Sat, Sep. 30, 2023 includes a guaranteed t-shirt. Afterwards, including race day, \$30 while shirts last, \$20 when gone. 1/2 Mile Kids Run (Children 12 & Under): \$5 if postmarked by Oct 1st. Afterwards, inc. day of race, \$7. Race day registration for kids run to be CLOSED once we have as many kids entries as we have grab bags, so preregister if possible. Also, shirts are not included, due to reduced fee.

Optional Online Registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)  
(Nominal processing fee applies, closes at midnight, the Wed. of race week)

Parking: Parking available near the start line at St. Paul's UMC, overflow parking at St. James Lutheran Church located at 1337 Geigertown Rd, Birdsboro, PA 19508 (1/4 mile from start line).

RACE DIRECTOR: Cassandra Whitmoyer, [stpauls250@gmail.com](mailto:stpauls250@gmail.com)

MAKE CHECK PAYABLE TO "St. Paul's United Methodist Church"  
MAIL CHECK & FORM BELOW TO: 119 Meadow Valley Rd APT 14, Ephrata PA, 17522.

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Circle one: 5K 1/2M Sex: M F Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Shirt Size (circle one) : S M L XL Phone: (\_\_\_\_) \_\_\_\_\_ A.M. or P.M.  
circle one or both

Email: (print clearly) \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk of running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, St. Paul's United Methodist Church, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature whatsoever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_

date \_\_\_\_/\_\_\_\_/ 20\_\_