

Things are better than in 2022 but still not great; Pretzel City's salute to things STILL going all to hell, the 4<sup>TH</sup> annual

# "Crappy Year" 5k

**Sat, Nov 18th, 2023\*\*10 AM\*\*New Location!**

**Chatty Monks Brewery, 101 N. Carroll St, Reading**  
(near Schlegel Park; NOT their restaurant in West Reading)

*Blinding smoke from Canadian forest fires, deadly wildfires in Maui, the Eagles blowing the lead in the Super Bowl, Burt Bacharach's passing, the worst selection of "Best Picture" nominees in years, the continued war in the Ukraine, new variations of Covid and new music from Britney Spears. This race MAY be your BRIGHTEST day in 2023! But let's hope not!*

**LOCATION/COURSE:** Chatty Monks Brewery, 101 N. Carroll St, Reading (near Schlegel Park just off Lancaster Ave; NOT the restaurant in West Reading) Out and back 1.55M wheel measured course on a packed cinder, wooded rail-trail. **FLAT & FAST!** Due to "out and back" nature of trail, leashed dogs and strollers OK IF you're careful! Start in back, pass with care, allow others to pass easily.

**ENTRY: with long sleeve cotton shirt:** \$28 if entered by Mon, 11/6/23, \$34 after that, including raceday while shirt supplies last; \$28 when gone. **with no shirt:** \$22 if entered by Mon, 11/6/23, \$28 after that, including raceday. **At least \$2 off select beers while wearing bib; may be discounted more by raceday .** Door prizes. Course is super **FLAT & FAST!** Held rain, shine, snow or snow on ground. No refunds, mailed shirts or awards. Insurance by R. R. C. A. Limited number of extra shirts ordered so **PREREGISTER!** Note: shirt type may be changed if availability problems exist. **RACE DAY REGISTRATION AVAILABLE; CASH OR CHECK BUT NO GUARANTEE THAT SHIRTS WILL BE AVAILABLE BY THEN.**

**Online Reg highly suggested on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)**

(makes for easier communication in case of bad weather, closes at midnight the Wed of raceweek, nominal service charge applies)

**AWARDS:** 1<sup>st</sup> M & F + top 3 M & F in: 0-14 15-19 20-29 30-39 40-49 50-59 60-69 70-79 (70+ is top women's age group) and 80+ (2 M) **Clydesdales:** Top 3 M and F Clydes regardless of age. **Qualifying Weight:** M: 210 lbs. or over or 185 if 5 ft., 9 inches tall or less. F: 160 lbs. or over, 140 if 5 ft., 4 inches tall or less.

**Make check payable to "PRETZEL CITY SPORTS". Send check & form below to: Pretzel City Sports, 112 W. 36th St, Reading, PA 19606 Race Director: Ron Horn: (610)779-2668 [rhornpcs@aol.com](mailto:rhornpcs@aol.com) (best way to contact)**

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Last name \_\_\_\_\_ First name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Sex: M F Age on Race Day: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Unisex Long Sleeve Shirt: S M L XL 2X  
Clydesdale?? \_\_\_\_ Yes \_\_\_\_ No Phone: (\_\_\_\_) \_\_\_\_\_ A.M.? \_\_\_\_ P.M.? \_\_\_\_ BOTH?  
Email: \_\_\_\_\_@\_\_\_\_\_ Already get Run Update emails? \_\_\_\_ Yes \_\_\_\_ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_ date \_\_\_\_/\_\_\_\_/\_\_\_\_ 2023

Crap App May be Duplicated

Insurance by R. R. C. A.

Be Sure to Sign Waiver