

“UGLY MUDDER”

6.55 MILE (HALF-A-HALF MARATHON) TRAIL RUN* READING, PA

TRUST US, IT'S UGLY!! RUNS A LOT TUFFER THAN ITS LISTED DISTANCE!

SUNDAY, FEB 25, 2024 * 10 A.M.

Online registration ONLY so that we have a central source of emails to use for contacting people in the case of a postponement due to weather

The best opening song line in the last 50 years is when Tyler Childer wails “ Well, my buckle makes impressions on the inside of her thigh. There are little feathered Indians where we tussled through the night”. The best donut is York, PA’s Maple Donut Peanut Butter Cream Filled Long John (but get them within 3 hrs. of when they’re put in the case). The best BBQ comes from Kansas City or Nashville. The best dramatic ending to a song is the last 3 minutes of the Hallelujah Chorus. And the best place to come to a grinding halt when you’re in a hurry is Philly’s Schuylkill Expressway; any time, any day, any direction, **WITHOUT FAIL!** Now, Pretzel City’s Ugly Mudder **MAY NOT** be the best race to go by that moniker. There **MAY** be another Ugly Mudder with more rocks and roots, even crazier ups & downs, less hospitable footing, etc. But if Pretzel City Sports’ Ugly Mudder Trail Run is not the **BEST** trail run by that name, **IT’S DAMN CLOSE!!!** The Ugly Mudder gives you a **GREAT** reason to drive to Reading in sub-arctic weather to run trails we deem too “ugly” to be in a normal race. The Ugly Mudder course is almost entirely different from our Chilly Cheeks course and about 25% easier than the Cheeks; mostly due to fewer outrageous uphill and technical downhill. But that is not to say that it’s **EASY!** You’ll find out that it’s **VERY** possible to sweat like a pig even though it’s only 17 degrees outside. Yet, it can be finished by **ANYONE** that can get up from the couch in under 35 seconds. **AND**, like all of our trail races, it has perks like unique aide stations with alternate beverages, a course that even the “dimpest” of us could follow, tons of awards, memorable shirts, hot & cold food, a covered finishing area, a cash bar at the finish, etc. **A FUN day in the Pretzel & Ugly Trail Capital of the Free World! NOTE! YOU ALONE ARE RESPONSIBLE FOR YOUR SAFETY AND WELFARE IN THIS RACE!** Knick a knuckle? Bleed your way to an aide station so we “drive” you rather than “carry” you back. Get lost? Try to find your way back before our **NEXT** trail run on the same mountain a month later. Those not welcome include those under 14 that can’t run by themselves (unless pre-approved), people that don’t love the Eagles Kelly Green Throwback Jerseys (they are **SO** sharp!) and anyone who thinks that TV celebrity Nick Cannon is a great father to his 12 kids from 6 different women.

Registration on www.pretzelcitysports.com required

(small service fee applies, closes at midnight on Wed the week of the race. Availability of race day signup highly probable)

LOCATION/REGISTRATION: Reading Liederkrantz German Singing & Sports Club, 140 Spook Lane, Reading, PA. Reg. opens at 9 a.m., race at 10. **WITH LONG SLEEVE COTTON SHIRT** Fee: \$40 if entered by Tues, Feb 13, 2024. Afterwards, \$45 while shirts last; (including raceday), \$40 when gone. **WITH NO SHIRT** Fee: \$35 if entered by Tues Feb 13, 2024. Afterwards, \$40 (including raceday). We race in rain, snow or bitter cold yet on rare occasions, we **MUST** postpone it. Check our site above after 6 AM the day of the race **ONLY if roads are pretty much impassable (not just a little “sub-par”)**. **If postponed, it’ll be THE NEXT SUNDAY** same time, same place. No refunds, mailed shirts or awards, no outside alcohol allowed on site. **Insurance Provided by Road Runner Clubs of America (R.R.C.A.)**

YOU GET: Long sleeve cotton shirt; sizes S thru 2X with a memorable design and no sponsors on the back, indoor toilets, lots of goodies at the finish line, **WELL** marked course, plenty of parking, 2 water stops with varied refreshments, finish place posted immediately & results on www.pretzelcitysports.com the 1st business day after the race, EMS on site, hot & cold grub. Cash bar at the finish where you can hydrate before the race or rehydrate after the race; some people do both.

AWARDS: 1st & 2nd Top M & F plus: 0-39: 5M, 5F 40-49: 4M, 4F 50-59: 4M, 4F 60-69: 4M, 4F 70+: 3M, 2F Clydesdale Awards: Top 3 M & F. Men: min. of 210 lbs. or 185 if 5 ft., 9 inches tall or less. Women: min. of 160 lbs., 140 if 5 ft., 4 inches tall or less. Honor system; but wear bulky clothes to dispel suspicion!

Questions? Problems? Contact the Ugly Head: Ron Horn, rhornpcs@aol.com, 610-779-2668 day or night