

Pretzel City Sports, Reading, PA Presents its 18th Annual "no frills yet with TONS of frills and fun anyway"

Third Thirsty Thursday

April thru Oct, 2024 - Evening 5K Race

Trooper Thorn's Irish Beef House, Rt. 10, Reading, PA

7 P.M.- 4/18, 5/16, 6/20, 7/18, 8/15, *9/19 & 10/17

(Third Thursday of each month! Duh! 7 PM start, except Sept race, which starts at 6:45 PM, Oct race is back to a 7 PM start and will be "in the dark". Bring a light!)

PREREGISTER FOR SERIES ONLY! ALL OTHERS MUST ENTER ON RACE DAY!

LOCATION: Trooper Thorn's Irish Beef House, 451 Morgantown Rd. (Rt 10), Reading, (1/2 mile south of Lancaster Ave exit of the Rt. 422 Reading Bypass-go under bypass and take an immediate left). Reg. opens at 6 P.M. No frills race, shirts for sale while they last, clock at finish, light eats, mile markers, instant results, great meals available for purchase, door prizes, loads of parking on streets near the pub, etc. **IMPORTANT: you get a FREE BEER WITH EVERY ENTRY!!!** (Limited to specific brands-often includes an IPA). Entries below 21 must exit Troopers by 9:30 PM unless with a parent. **NORMALLY**, rain or shine (if "mega-raining", check pretzelcitysports.com after 4 PM for race status). IF POSTPONED, normally held the FOLLOWING THURS.

COURSE: FAST wheel-measured course(s) on the mostly flat Thun trail. Race starts behind Troopers. Most often used courses go 1.55 miles out to turnaround and returns to start. Good way to see where your competition is. Course almost totally on packed cinder or paved trail. Good place to PR! Insurance provided by R. R. C. A.

AWARDS: 1st overall M & F plus: 0-13: 3M, 3F 14-19: 3M, 3F 20-29: 3M, 4F 30-39: 4M, 4F 40-49: 4M, 4F 50-59: 4M, 4F 60-69: 4M, 4F 70-77: 4M, 2F 78+: 3M, 1F Clydesdales and Clydettes: 4M, 4F regardless of age.

Men: min. of 210 lbs. or 185 if 5 ft., 9 inches tall or less. Women: min.of 160 lbs., 140 if 5 ft., 4 inches tall or less.

ALL SIGNUPS FOR CLYDESDALE MUST BE DONE WHEN FIRST ENTERING. IF SIGNING UP FOR CLYDESDALE, THAT BECOMES YOUR CATEGORY FOR THE ENTIRE SERIES. SO BULK UP, SIGN UP, LOSE WEIGHT & WIN! NO JOINING OR LEAVING THIS CATEGORY AFTER ENTERING IT AT YOUR FIRST 2024 TTT EVENT. Halloween spirit (costume) prizes ALSO at the Oct race.

ENTRY: Series: \$75 for the 7 race series if postmarked by Tues, 4/2/24; \$82 after that for series including night of 1st race. Shirts for sale at each race, while supplies last. Individual races: \$15 per race. **THOSE NOT ENTERING SERIES CAN ONLY SIGN UP ON RACENIGHT!** No refunds. Benefits of entering series? Saves you up to \$30, shorter reg. line, \$2 discount on shirt purchase.

Course Records: M: (2022) Ryan McGorty, Wyomissing, PA - 14:53 F: (2020) Caryn Rippey, Reading, PA - 17:25

Optional Online Reg FOR SERIES ONLY on www.pretzelcitysports.com

(nominal service charge applies, closes midnight, Tues night, April 16, 2024. Signup for individual races is ONLY available the night of the race)

Make check payable to "PRETZEL CITY SPORTS. Send check & form below to: Pretzel City Sports, 112 W. 36th St, Reading, PA 19606 Race Director: Ron Horn: (610)779-2668 rhornpcs@aol.com (best way to contact)

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Sex: M F AGE AS OF 4/18/24: _____ (age used for awards during entire series) Date of birth ____/____/____

Clydesdale: Yes No Phone: (____) _____ A.M? ___ P.M.? ___ BOTH?

Email: _____@_____ Already get Run Update emails? ___Yes ___ No

How did you find out about the race? Be specific. _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)