Fight Against Colon Cancer 5k Run

& 1 Mile Fun Run/Walk

Coplay, PA ** Sat., July 13, 2024 ** 9:00 A.M

LOCATION: Saylor Park, 245 N. 2nd St., Coplay on the Ironton Rail-Trail.

REGISTRATION/NUMBER PICKUP: Opens at 8 a.m., 1 Mile Run/Walk at 8:30 a.m., 5k at 9:00 a.m.

ENTRY: 5k: \$25 if postmarked by Friday., June 22, 2024 incl. guaranteed t-shirt. Afterwards, incl. day of race, \$30 includes T-shirt while supplies last. \$25 when shirts are gone. 1M Fun Run: \$10 if postmarked by June 22nd. Afterwards, inc. day of race, \$15. No shirt included for fun run, due to its reduced fee.

5k PERKS: Short sleeve T-shirt for all pre-registrants and post registrants while they last, clock & results board at finish, refreshments, instant results, times posted on internet, course with no traffic on it. 2 free tickets to raffle with a chance to buy more. Held rain or shine. No refunds. No mailed shirts or awards.

5K AWARDS: Separate awards for Top Male and Female Overall plus the following age groups: 0-18: 2M, 2F 19-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-67: 3M, 3F 68-74: 3M, 3F 75+: 3M, 3F

Optional Online Registration available at www.pretzelcitysports.com (Nominal processing fee applies, closes at midnight, the Wed. of race week)

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DIRECTIONS: North of Allentown, take Rt 145 North toward Coplay to the traffic light at Sheetz Gas Station, right onto Chestnut St., left onto W. Coplay St., right on Coplay Road, which becomes 2nd St. in Coplay. Trail crossing and parking lot at bottom of hill.

RACE DIRECTOR: Delores Chalmers, 760-716-1170 or email me at deloreschalmers2429@yahoo.com

MAKE CHECK PAYABLE TO "Delores Chalmers"
MAIL CHECK & FORM BELOW TO: Delores Chalmers, 776 Mohawk Street Allentown PA 18103

First Name:	Last Name:	
Street:	City:	State: Zip:
Male: Female: DOB	B: Race Day Age:Circle one	e: 5K1M
Shirt Size: S M L XL	-	
Email: (print clearly)	Phone: ()
hazardous activity. I should not enter ur the run. I assume all risks associated wit (including high heat and/or humidity), trand these facts, and in consideration of their officers and agents, all sponsors, this event even though that liability may	nless I am properly trained. I agree to abide by decision the running in this event including, but not limited to: fall affic and conditions of the road/trail, all such risks being your accepting my entry, I, for myself and anyone entheir representatives and successors, including the clain	2024. I know that running a trail/road race is a potentially ons of race officials relative to my ability to safely complete lls, contacts with other participants, the effects of weather g known and appreciated by me. Having read this waiver titled to act on my behalf, waive The FACC Organization, ms or liabilities of any kind arising out of the participating in the persons named in this waiver. I grant permission to all or any legitimate purpose.

date	//2024

Signature & Date (Parent/Guardian if Under 18)