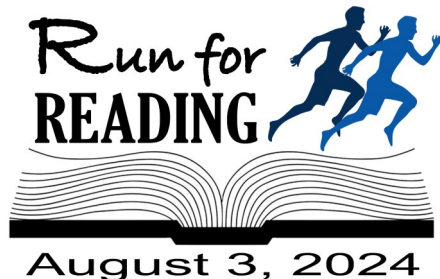


Being Held
In-Person Or
Virtual



Rain or Shine
Cash Prizes

5K Run/Walk | 1-Mile Fun Run/Walk
Benefiting the Joseph T. Simpson Public Library

LOCATION:

Winding Hills Park—North & South
901 E. Winding Hill Road (Upper Allen Township)
Mechanicsburg, PA 17055

WHEN:

7:45 am Check-in begins
8:30 am 5K Run/Walk begins
9:15 am 1-Mile Fun Run/Walk begins
9:30 am Awards presentation

REGISTRATION FEES:

By July 25:

\$25 pre-registered 5K participant (includes shirt)
\$10 Family Fee for 1-mile Fun Run/Walk (no shirt)
\$5 Single Fee for 1-mile Fun Run/Walk (no shirt)

After July 25 through Race Day:

\$30 per 5K participant (shirt not guaranteed)
\$15 Family Fee for 1-mile Fun Run/Walk (no shirt)
\$10 Single Fee for 1-mile Fun Run/Walk (no shirt)

COURSE:

The 5K runs through paths in both Winding Hills Park North and South as well as through neighborhood paths and roads.

RESULTS:

Finish line and timing service by Pretzel City Sports. Race results posted on www.pretzelcitysports.com and on the library's web page within 72 hours after the race at www.simpsonlibrary.org.

AWARDS: 5K medals given to 1st, 2nd, and 3rd place M/F in each age group; cash and medal prizes given to top 5K three M/F overall and top Veteran* finisher. No medals for 1-Mile Fun Run/Walk or virtual participants.

5K AGE GROUPS:

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

CONTACT INFORMATION: Dawna Trump at dtrump@cumberlandcountylibraries.org or 717-766-0171.

OPTIONAL ONLINE REGISTRATION AVAILABLE

<https://www.pretzelcitysports.com/online-registration/>

PLEASE CHECK ONE: In Person 5K Virtual 5K

ONE REGISTRATION FORM PER PERSON

Name _____ Email _____

Address _____ City, State, Zip _____

Phone _____ Age on Race Day _____ Male _____ Female _____

Shirt Size—register by July 25 to guarantee shirt availability **Are you a Veteran*?** _____ Yes _____ No

_____ Adult S _____ Adult M _____ Adult L _____ Adult XL _____ Adult 2XL _____ Youth S _____ Youth M _____ Youth L

_____ 5K participant (\$25 if reg. by July 25; \$30 after July 25) _____ 1-Mile Fun Run/Walk (\$5 Single/\$10 Family Rate; \$10 per shirt)
*Same cost for in-person or virtual.

Virtual-shirt pick up at library post race. \$ _____ Enclosed (checks payable to Simpson Public Library, 16 N. Walnut St., Mechanicsburg, PA 17055)

I certify that I suffer no conditions likely to cause me injury or illness from participation in this event. I waive and release any and all rights I may have against the Joseph T. Simpson Public Library, sponsors, their agents, employees, tenants, volunteers, and Upper Allen Township for damages, injuries, or losses I may suffer as a result of this event. I grant permission to the aforementioned to use my name and/or photography or videotape of this event without limitation or obligation.

Signature (REQUIRED) _____ Date _____

Parent/Guardian Signature (if under age 18) _____

CHECK or CASH _____ OFFICE USE: AMT \$ _____