

# THE 2<sup>nd</sup> ANNUAL White Horse Gallop 5K & 10K and Community Day

**Presented by the White Horse Volunteer Fire Company**

## Sat, May 25, 2024 – 8:15 AM – Gap PA

**LOCATION/REGISTRATION:** Starts at White Horse Fire Co, 111 White Horse Rd, Gap, PA 17527. Day of registration opens at 7am

**5K COURSE (8:30):** Start on White Horse Rd (Rt 897), right on Buena Vista Rd, right on School Lane, right on RT Old Phila Pike (Rt 340), right on White Horse Rd (897) and finish. Scan the QR Code to view a video of the course.



10K Route

**10K COURSE (8:15):** Start on White Horse Rd (Rt 897), left on Buena Vista Rd, left on Mt Vernon for ¼ mile, turn around, stay on Mt Vernon, Right on Cains, right on 897, left on Buena Vista Rd, right on School Lane, right on Rt 340, right on 897 to finish.

**AMENITIES:** T-shirt to all pre-registrants of 5 & 10K with a “goodie” bag. Refreshments for finishers, restrooms, parking, time clock at finish and instant results. Held rain or shine. No refunds or mailed awards. Results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) in 1-2 days.

**AWARDS:** Awards for the Overall Male & Female winners plus: 9 & Under: 3M, 3F 10-14: 3M, 3F 15 - 19: 3M, 3F 20-29: 3M, 3F 30-39: 3M,3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69 and 3M,3F 70+

**ENTRY:** For 5K: \$25 with t-shirt if postmarked by April 29, 2024. Afterwards, inc. day of race, \$35 with t-shirt while supplies last.  
**ENTRY:** For 10K: \$50 with t-shirt if postmarked by April 29, 2024. Afterwards, inc. day of race, \$60 with t-shirt while supplies last.

Optional Online Registration Available at <https://www.pretzelcitysports.com/online-registration/>  
 (Nominal service fee applies, closes at midnight, the Wednesday before race day)

**CHECK PAYABLE TO “White Horse Fire Co & MAIL CHECK & FORM BELOW TO: White Horse Fire Co,  
 ATTN: Steve King, 111 White Horse Rd, Gap PA 17527  
 Questions: Aaron Stoltzfus [racedirector49@gmail.com](mailto:racedirector49@gmail.com) 717-725-0557**

.....Please Print Clearly.....

Last name \_\_\_\_\_ First name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State \_\_\_\_\_ Zip \_\_\_\_\_ Race Day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Race (circle one): 5K 10K Sex: M F Phone: (\_\_\_\_) \_\_\_\_\_ A.M. or P.M.??  
 Shirt Size (circle one): S M L XL Email \_\_\_\_\_@\_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, **White Horse Volunteer Fire Company** and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

signature \_\_\_\_\_ date \_\_\_\_/\_\_\_\_/ 2024 CK CD CA