



**5K, Color Run, and Family Fun for Everyone!**

## Saturday April 27, 2024

**Who:** Runners of all ages. Walkers are also invited to participate using the same course, which is stroller and wheelchair accessible. Gather your family, friends and co-workers.

**What:** Healthy Kids Day 5K is hosted by YMCA of Reading & Berks County and Berks County Parks & Recreation for an outing for the whole family. All proceeds will directly benefit the YMCA of Reading & Berks County "Open Doors Scholarship Program".

**Where:** Berks County Heritage Center. The course will begin at The Heritage Center, goes toward Grings Mill and ends back at the Heritage Center.

**When:** Saturday, April 27, 2024

1102 Red Bridge Road, Reading, PA 19605

- 8:00 AM Day of registration for 5K
- 9:00 AM 5K Run
- 10:30 AM Awards Ceremony
- 11:00 AM Color Fun Run for ages 12 & under

**Costs:** Admission for Healthy Kids Day is free, but you'll want to bring cash for the food trucks!

5K Race Entry Fees: \$30 Adult | \$15 Youth (18 & Under)

Pre-registered runners will receive a race t-shirt, and a participation Y swag bag, while supplies last. All runners will receive race bib & pins.

**Awards:** Medals will be presented to the Overall Male and Female Champions. Medals will be presented to top three Male and three Female finishers in each of the following age brackets: 14 and under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, and 70+ years. Following the 5k will be Healthy Kids Day Event.

Come for the Run and stay for the Fun!

Vendors, Color Fun Run for Kids, Games and Food trucks will be at the Heritage Center from 11:00 AM - 3:00 PM.

**Results:** Finish line and timing service by Pretzel City Sports. Race Results posted on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

**Questions? Contact Alec Heckman at [heckman@ymcarbc.org](mailto:heckman@ymcarbc.org) or 610-944-6515.**

**Registration:** Complete this portion and include \$30 Adult or \$15 Youth fee

Register online at [YMCARbc.org](http://YMCARbc.org) or send checks payable to YMCA of Reading & Berks County. Detach and mail to 631 Washington Street, Reading, PA 19601 C/O Kris Danner.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

<b>T-shirt size (circle one)</b>			
<b>Youth</b>	S	M	L
<b>Adult</b>	S	M	L

**Gender** Male Female

**DOB** \_\_\_\_\_ **Age** \_\_\_\_\_

WAIVER/RELEASE hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to YMCA of Reading & Berks County, Berks Park & Recreation, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather: including high heat and/or humidity, and the condition of the road: all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

(Parent or guardian's signature if less than 18 years of age)