



Saturday, November 9, 2024

9:00 AM

Benefits Homeless Veteran Services at Hope Rescue Mission

Gring's Mill Recreation Center, 2083 Tulpehocken Rd., Reading PA, 19610

Registration begins at 8:00 AM, Race starts at 9:00 AM. Walkers Welcome!

The course is flat, fast, and wheel measured on mostly shaded trail along creek. Chip timing with instant results. Held rain or shine. No refunds or mailed awards.

Awards: Top 3 Males & Females, plus: 14 & under: 3M, 3F / 15-19: 3M, 3F / 20-29: 3M, 3F 30-39:3M, 3F / 40-49: 3M, 3F / 50-59: 3M, 3F / 60-69: 3M, 3F / 70+: 3M, 3F

Not accepting Mail-in registrations / REGISTER ONLINE at: www.HopeForReading.org/5K. Registration closes at midnight, the Wednesday before race day. \$25.00 through 10/25, \$30.00 through 11/6. Shirt guaranteed thru 10/25, after that, including race day, available while supplies last. Price will be reduced to \$23 when shirts are gone. Day of Race registration will be available.

RACE DIRECTOR: Laura Lewis - Events@HopeForReading.org



Join us to honor all active service members and veterans in our community!

DAY OF RACE REGISTRATION FORM ONLY - DO NOT MAIL. MAKE CHECK PAYABLE TO "HOPE RESCUE MISSION"

Last Name: _____ First Name: _____
Address: _____ City: _____ State: _____ Zip: _____
Sex: M F Race Day Age: _____ Date of Birth: ____/____/____ Shirt Size : S M L XL XXL
Phone: () _____ Email: _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Hope Rescue Mission, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation.

I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ Date / / 2024