

The THIRD Annual
Do Better 4 Steve Fearless 5k

& 1 mile Kids Fun Run (ages 12 and under)

COSTUMES HIGHLY ENCOURAGED

Presented by:



DO BETTER
4 STEVE

Saturday October 26th 9:00 A.M.
Wissahickon High School
521 Houston Rd., Ambler PA 19002

Registration/Number pick up opens at 8:00 a.m. 1 mile fun run starts at 9:00 a.m. 5k starts at 9:30

Course: The course starts at the Wissahickon Track and makes its way through the surrounding neighborhood. The route continues onto Lower Gwynedd Trail which is mostly crushed limestone and some pavement. After leaving the path, the participants will travel up the sidewalk to Dager Road and then head back to the high school track for the finish.

Amenities: T-Shirt to all pre-registrants of 5K. Goodie bags for Fun Run participants 12 and under. Refreshments, indoor restrooms, Pre and post D.J entertainment, and free photos. Professionally timed by Pretzel City Sports. Rain or shine. No refunds or mailed awards

5K Awards: 1st Overall Male & Female finisher plus top 3 M & F in the following Age Groups 13 & Under, 14- 19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 Plus

Entry: 5K: \$ 35 if postmarked by Friday October 11th, guaranteed t-shirt. After that date and including race day \$40 shirts while supplies last, \$35 after they are gone.

1 Mile Kids Run for Ages 12 and under: \$8 if postmarked by Friday October 11th. After that date and including race day \$10. Shirts are not included with the Fun Run.

Online Registration available at <https://dobetter4steve.org/events.html>
(nominal processing fee applies, closes at midnight the Wednesday of Race Week)

CHECK PAYABLE TO Do Better 4 Steve. MAIL CHECK & FORM BELOW TO: Liz Cammarota, 115 Brochant Circle, Blue Bell, Pa 19422 RACE DIRECTOR: Liz Cammarota, 610-368-7503, www.DB4S.org

Please Print Clearly

Last name _____ First name _____

Address _____ City/State _____ Zip _____

Age as of 10/26/2024: _____ Date of birth: _ / _ / _____ Sex: M F

Race (circle one): 5K Kids Fun Run Phone: (_____) _____ - _____

Shirt Size (circle one): S M L XL Email: _____ @ _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk of running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Do Better For Steve and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ Date _ / _ / 2024