

AMERICAN HERO 5K RUN FOR WOUNDED VETS

& 1 MILE FUN RUN

Presented by AMERICAN HERO WISHES, INC.

Sun, September 22, 2024 – 9:30 AM – Pagoda City Brewing, Reading, PA

LOCATION/REGISTRATION: Starts at Pagoda City Brewing (101 N. Carroll St. Reading, PA 19611); goes around Schlegel Park; onto the Thun Trail; to a turnaround point; and finishes at Pagoda City Brewing. Registration/number pickup at Pagoda City Brewing starting at 8:00 AM. Fun Run begins at 8:45 am; 5K begins at 9:30am.

COURSE: Wheel measured course; FASTEST & FLATTEST BERKS CO. RUN. GREAT place to PR!

AMENITIES: T-shirt to all pre-registrants of the 5K and Fun Run. PAGODA CITY BREWING WILL BE PROVIDING REFRESHMENTS! All participants will receive one beer, soda, or water (1 per person) from Pagoda City Brewing. Additional refreshments for finishers will also be available. Time clock at the finish. Held rain or shine. No refunds or mailed awards. Results on www.pretzelcitysports.com in 1-2 days.

AWARDS: Awards for the Overall Male & Female winners plus: 18 & Under: 3M, 3F 19 - 29: 3M, 3F 30-39: 3M, 3F 40-49: 3M,3F 50-59: 3M, 3F 60-69: 3M, 3F 70-79: 3M, 3F and 80+: 3M, 3F. No awards for Fun Run.

5K & FUN RUN ENTRY: \$29 for all entries registered by Wednesday, September 4, 2024 (includes t-shirts). \$34 for all entries following this date (t-shirts available while supplies last). **PLEASE NOTE:** T-shirts are not guaranteed for registrants following September 4, 2024. We will have open registration on the day of the race; however, t-shirts also cannot be guaranteed for registrants on the day of the race. **FUN RUN IS FOR ALL AGES AND ABILITIES!**

Optional Online Registration Available at: <https://www.pretzelcitysports.com/online-registration/>
(Nominal service fee applies, closes at midnight, the Wednesday before race day)

SEPTEMBER 13th IS THE CUT OFF FOR MAIL-IN ENTRIES; AFTER THAT, USE ONLINE REGISTRATION OR REGISTER DAY OF THE RACE.

**CHECK PAYABLE TO “AMERICAN HERO WISHES, INC.” & MAIL CHECK & FORM BELOW TO: AMERICAN HERO WISHES, INC., c/o Brianne Houck, 143 Maple Springs Drive Birdsboro, PA 19508.
RACE DIRECTOR: BRIANNE HOUCK, brianne.houck@hotmail.com**

.....Please Print Clearly.....

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race day age: _____ Date of birth ____ / ____ / ____

Race (circle one): 5K FUN RUN Sex: M F Phone: (____) _____ A.M. or P.M.??

Shirt Size (circle one): S M L XL email _____@_____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, AMERICAN HERO WISHES, INC. and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date ____ / ____ / 20__