



**REGISTRATION:** Race Registration and number pick up will take place at Governor Dick Park on race day from 7:30am to 9:00 am (please check the specific details of your race distance on our website or on the Tame the Tower Ultra Sign Up page - see QR code).

**START TIME:** The 10 mile race will start at 9:00am with the 5mi starting at 9:30am.

**AWARDS:** Top OVERALL male and female winners in EACH DISTANCE will earn a cash prize. The top male/female winners in each distance AND in each age group will also be recognized.

**Entry information for individual participants:**

**5 Mile:** \$30/person postmarked by Nov 1, 2026 – \$40/person if postmarked after Nov 1 (including day of race)  
**10 Mile:** \$40/person postmarked by Nov 1, 2026 – \$50/person if postmarked after Nov 1 (including day of race)  
(Above entries include a rad winter beanie hat if reg. by 11/01/26, after that date & including race day - while supply lasts)

**\*\*\* ONLINE REGISTRATION AVAILABLE AT <https://ultrasignup.com/register.aspx?did=126407> \*\*\***  
(Nominal service fee applies, closes at 5:00pm, the monday before race day)

**RACE WILL GO ON RAIN OR SHINE.** No refunds.

**RACE CONTACTS:**

Race Director: Nicole Gray, ngray3@wellspan.org  
Sponsorships & Registration: Jedd Erdman, governordick@hotmail.com, 717-964-3808



**REGISTER**

**RESTRICTIONS:** We love pets, but we can't allow you to race with them this time.

**RESULTS:** Finish line and timing service by Pretzel City Sports. Race Results posted on [www.pretzelcitysports.com](http://www.pretzelcitysports.com). Race will be professionally timed by "Pretzel City Sports" (PCS)

**Mail application, with checks payable to Clarence Schock Memorial Park  
Attn: Taylor Casey, PO Box 161, Mount Gretna PA 17064**

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\*\*Waiver: I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also assume any or all other risks associated with running or attending the race, including but not limited to falls, contact with other participants, the effects of the weather, and the condition of the trail, all such risks being known and appreciated by me. Knowing these facts and in consideration of your accepting my entry fee. Thereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge Pretzel City Sports, the race committee, volunteers, and all sponsors, including their agents, employees, assigns, or anyone acting on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of my participation in this event. This waiver extends to all l claims of every kind or nature what so ever, foreseen, or unforeseen, known or unknown. By entering this race I am granting permission to all parties affiliated with the race to use any pictures or likeness of me secured at the event in any way they see fit without review, restriction, or compensation.

Participation in any Governor Dick Environmental Center (GDEC) or Clarence Schock Memorial Park (CSMP) activity and use of any facilities involves a risk of accidental injury despite all safety precautions. Having been informed of the activities conducted by the GDEC or CSMP, I/we, as an individual or as a parent or guardian of the participants named herein, assume all risks and hazards incidental to the activities. I release from responsibility and agree to indemnify and hold harmless the GDEC or CSMP, its officers, directors, independent contractors, volunteers, and all employees for any illness or injury to me or my children or family members occurring during his/her/our participation in any activity or use of any facility at or conducted by the GDEC or CSMP.

Photographs may occasionally be used in promoting programs, activities, and volunteer opportunities for the park. Names and personal information will not be used/attached to the photo. End waiver \*\*\*

**I HAVE READ AND UNDERSTAND THIS WAIVER: (IF UNDER 18, LEGAL GUARDIAN MUST SIGN)**

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Did you sign BOTH SIDES of this sheet?**