



**5K Run/Walk | 1-Mile Fun Run/Walk**  
**Benefiting the Joseph T. Simpson Public Library**

**LOCATION:**

Winding Hills Park—North & South  
901 E. Winding Hill Road (Upper Allen Township)  
Mechanicsburg, PA 17055

**WHEN:**

7:45 am Check-in begins  
8:30 am 5K Run/Walk begins  
9:15 am 1-Mile Fun Run/Walk begins  
9:30 am Awards presentation

**REGISTRATION FEES:**

*By July 20:*

- \$30 pre-registered 5K participant (includes shirt)
- \$15 Family Fee for 1-mile Fun Run/Walk (no shirt)
- \$10 Single Fee for 1-mile Fun Run/Walk (no shirt)

*After July 20 through Race Day:*

- \$35 per 5K participant (shirt not guaranteed)
- \$20 Family Fee for 1-mile Fun Run/Walk (no shirt)
- \$15 Single Fee for 1-mile Fun Run/Walk (no shirt)

**COURSE:**

The 5K runs through paths in both Winding Hills Park North and South as well as through neighborhood paths and roads.

**RESULTS:**

Finish line and timing service by Pretzel City Sports. Race results posted on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) and on the library's web page within 72 hours after the race at [www.simpsonlibrary.org](http://www.simpsonlibrary.org).

**AWARDS:** 5K medals given to 1st, 2nd, and 3rd place M/F in each age group; cash and medal prizes given to top 5K three M/F overall and top Veteran\* finisher. No medals for 1-Mile Fun Run/Walk or virtual participants.

**5K AGE GROUPS:**

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

**CONTACT INFORMATION:** Dawna Trump at [dtrump@cumberlandcountylibraries.org](mailto:dtrump@cumberlandcountylibraries.org) or 717-766-0171.

**OPTIONAL ONLINE REGISTRATION AVAILABLE**

<https://www.pretzelcitysports.com/online-registration/>

**PLEASE CHECK ONE:**  In Person 5K  Virtual 5K

**ONE REGISTRATION FORM PER PERSON**

Name \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Age on Race Day \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Shirt Size—register by July 20 to guarantee shirt availability

Are you a Veteran\*? \_\_\_\_\_ Yes \_\_\_\_\_ No

\_\_\_\_ Adult S \_\_\_\_ Adult M \_\_\_\_ Adult L \_\_\_\_ Adult XL \_\_\_\_ Adult 2XL

\_\_\_\_ Youth S \_\_\_\_ Youth M \_\_\_\_ Youth L

\_\_\_\_ 5K participant (\$30 if reg. by July 20; \$35 after July 20)

\_\_\_\_ 1-Mile Fun Run/Walk (\$10 Single/\$15 Family Rate; after July 20, \$15 Single/\$20 Family Rate, \$10 per shirt)

\*Same cost for in-person or virtual.

Virtual-shirt pick up at library post race.

\$ \_\_\_\_\_ Enclosed (checks payable to Simpson Public Library, 16 N. Walnut St., Mechanicsburg, PA 17055)

I certify that I suffer no conditions likely to cause me injury or illness from participation in this event. I waive and release any and all rights I may have against the Joseph T. Simpson Public Library, sponsors, their agents, employees, tenants, volunteers, and Upper Allen Township for damages, injuries, or losses I may suffer as a result of this event. I grant permission to the aforementioned to use my name and/or photography or videotape of this event without limitation or obligation.

Signature (REQUIRED)

Date

Parent/Guardian Signature (if under age 18)

OFFICE USE: AMT \$ \_\_\_\_\_ CHECK or CASH