

SOLID ROCK 5K & FUN RUN

Event Information

August 2, 2025

 **ENOLA LOW GRADE TRAIL**
301 E. State Street, Quarryville, PA 17566



Make checks payable to:
Solid Rock Youth Ministries

**Mail completed and signed
registration form to:**
Solid Rock Youth Ministries
P.O. Box 682, Quarryville, PA 17566

	Individual	Team Member	Kids Fun Run (12U)
Early Bird: May 16 – June 13	\$30	\$30	\$12
Standard: June 14 – July 30	\$35	\$30	\$12
Day Of: Aug. 2	\$40	Not Available	\$12

SCHEDULE

7:00AM | Registration &
packet pick-up
8:00AM | Kid's Fun Run
8:30AM | 5K Run/Walk
(Awards ceremony to follow)

Race will be held rain or shine.

TEAMS

Get some friends or coworkers
together to get a deal and be
entered to win an ice cream party!
(Teams must have at least 5 people).

FUN RUN

Fun Run is 12U. Each participant
will receive a goodie bag, medal,
and shirt if registration is received
by July 20, 2025.

This is a fun run sprint, less than
a half a mile out and back.

PACKET PICK-UP

Friday, August 1st from 5–7PM
at Solid Rock, 104 E. State Street,
Quarryville, PA 17566.
Day of pick-up begins at 7:00AM.

PARKING

Parking is available at the
trailhead. Additional parking is
across the street, but will be
limited. Carpooling is encouraged.

AWARDS

Overall first place M/F finishers will
receive a medal and cash prize. Top 3
M/F finishers in each age group will
receive a medal: 14U, 15-19, 20-29,
30-39, 40-49, 50-59, 60-69, 70+

FOOD TRUCKS

Look for announcements soon about
what food trucks will be joining us
this year!

REGISTRATION

Register online at:
solidrockquarryville.com/run

Register by mail:
Print and mail registration forms
to Solid Rock Youth Ministries
P.O. Box 682
Quarryville, PA 17566.

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**Pre-registration closes at
midnight on July 30, 2025.**
**Registration must be received
by July 20, 2025 to be
guaranteed a shirt & race bag.**
(After this date, shirts & bags will
be limited in quantity).

QUESTIONS? CONTACT US:

Julie Spangler - Race Director
2julz@comcast.net

Solid Rock Team
office@solidrockquarryville.com
717.786.8007



Helping youth and families thrive through gospel-centered ministries! Free youth programs for K-12th grade.
PO Box 682, Quarryville, PA 17566 • www.solidrockquarryville.com/run

SOLID ROCK 5K & FUN RUN

REGISTRATION FORM

August 2, 2025



ENOLA LOW GRADE TRAIL

301 E. State Street, Quarryville, PA 17566



ALL FIELDS REQUIRED • ONE PERSON PER ENTRY FORM

Digital registration form at solidrockquarryville.com/run

PARTICIPANT INFORMATION

First Name: _____ Last Name: _____

Email: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Gender: ☐ Male ☐ Female Date of Birth: _____ Age on Race Day: _____

Shirt Size: ☐XS ☐S ☐M ☐L ☐XL ☐2X ☐3X

EMERGENCY CONTACT

First Name: _____ Last Name: _____

Relationship: _____ Phone: _____

PAYMENT INFORMATION

Event Type: ☐ 5K Individual ☐ 5K Team ☐ Kids Fun Run

Team Name (if applicable): _____ Payment Total: _____

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WAIVER

I understand that participating in this event is potentially hazardous, and that I will not enter and participate unless I am medically able and properly trained. I am aware the race will be held rain or shine and this race may be transitioned to a virtual race and refunds will not be granted. I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I am also aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effects of weather, heat, traffic, and conditions of the road. I, for myself, my heirs, executors and administrators, and anyone entitled to act on my behalf, waive, release and forever discharge the Solid Rock Youth Ministries and all employees, members of the Board of Directors, volunteers, sponsors, their representatives and successors from all present or future known or unknown liabilities claims, actions, or damages arising out of my participation in this event even though that liability may be out of negligence or carelessness on the part of the person named in this/the waiver. If I am a parent or guardian for a participant, I consent to my child's participation and agree to the terms of this waiver and hereby release any derivative claims that arise out of my child's participation. I grant permission to all of the foregoing to use my photographs, recordings or any other record of this event for any legitimate purpose.

IF RUNNER IS UNDER 18 YEARS OLD, PARENT OR GUARDIAN MUST SIGN BELOW. OTHERWISE, RUNNER MUST SIGN.

Signature: _____ Date: _____