

THE PAGODA PACERS A. C. PRESENTS THE UNIQUELY DIFFERENT

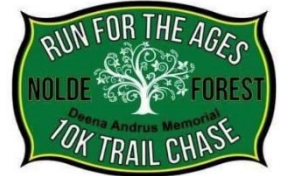
# Run For the Ages

*"where anybody might win the race!"*

## Age-Graded 10K Trail Race

**SUNDAY JUN 15, 2025 8:30 A.M.**

(START TIME STAGGERED BY AGE GROUP)



## NOLDE FOREST READING, PA

(A portion of the proceeds go to the Friends of Nolde Forest,  
a non-profit group helping to maintain and improve Nolde Forest)

The Pagoda Pacers Athletic Club are excited to present this year's running of one of very few trail races on the east coast with an age-graded start. Top age group performers have a legitimate shot at the overall title. Even if you aren't out to win, the race is run on challenging yet very runnable trails in beautiful Nolde Forest with virtually no bottle necks. Challenge your families, friends and coworkers to come out and compete on a "level" playing field. The top 10 overall finishers in recent years have been a good mix men and women in many different age groups.

**What's an age graded start?** Those who have more than a few grey hairs or have yet to hit puberty will get a head start based on age and gender. Typically, the oldest female wave starts first. Each following wave will start, based on 5-year age groups, working back toward the younger (faster?) folks. Wave starts bounce back and forth between sexes, as the handicap derived from the World Masters Association dictates. The youngest runners also get a head start. The actual handicap for each age division is posted at [www.PagodaPacers.com](http://www.PagodaPacers.com).

### \*\*\*The 2025 Edition Includes\*\*\*

- 1) Nolde Pottery Awards for the first 10 finishers
- 2) Age-Group Awards – you start by age group,
- 3) Unique swag for all participants registered by June 1, 2025

**\*Walkers are welcome but will start early and not be eligible for overall prizes. Please contact race director if you wish to walk instead of run on day of race.**

**Run For The Ages is one of the Pagoda Pacers Triple Trail Challenge races!**

**We prefer that you register online \$35 w/swag / \$30 w/o until 6/1, \$35 on race day w/o swag) at**

<https://ultrasignup.com/register.aspx?did=123818>



This allows us to identify TTC participants easily.

To register by mail please contact the Race Director:

[DirectorRFTA@gmail.com](mailto:DirectorRFTA@gmail.com) or [runfortheagesdirector@pagodapacers.com](mailto:runfortheagesdirector@pagodapacers.com)

**Specially made awards by Nolde Forest Pottery to Top Ten overall** finishers regardless of sex or age plus fastest uncorrected time. If participation numbers merit, medals to two fastest M and F in the following age groups: 12 & under, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+  
**Gift Certificates from Fleet Feet (West Reading) for overall top three \$50/\$30/\$20.**  
Team Award for any group of 3 or more (you define family). Extra award to top Berks County XC runner.

**REGISTRATION/ENTRY:** Race-day registration will be available if race limit of 200 entries is not reached. Race fee is \$35 with swag / \$30 without. Swag available until June 1, 2025. Race day registration will be available unless capacity is reached, swag not included for \$35. We race in rain or other inclement weather. Race director reserves the right to delay the start of the race due to mega foul weather or other unforeseen circumstances. Check <http://www.pagodapacers.com> scroll bar or race Facebook page for postponement info if weather is hurricane-like race day. Award ceremony held at 10 am.

**YOU GET:** Two water stops, finish place posted immediately & results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com), UltraSignup, and [www.pagodapacers.com](http://www.pagodapacers.com) in 1-2 days. Swag will be determined, please follow our Facebook page for updates!

**COURSE:** A well-marked 10K course over the beautiful trails in Nolde forest. VERY pretty and scenic with fewer ankle busting rocks than most other Berks parks. You'll scramble over some rocks and go off trail to get dirty, too. The race will start in front of the Environmental Education Building and head directly into the forest after minimal time on pavement. **Most trails are wide enough for easy passing.** The finish will be right near the start by the Nolde Mansion. A map of the course is on the Pagoda Pacer website and will be available before the race.

**LOCATION:** Race held in Nolde Forest, Cumru Township, Berks County, PA, just south of Reading PA. The race will start and end near the Nolde Mansion. **Note: Enter via Main Entrance, NOT the SawMill Parking Lot!!**

**DIRECTIONS:** 6 miles south of Reading, on PA Rt. 625 (New Holland Rd). 2 miles south of PA 724 and 3 miles North of PA 568. Address: Nolde Forest Environmental Education Center, 2910 New Holland Rd Reading, PA 19607

**PARKING:** Parking near the mansion is extremely limited. **Please, please, please carpool and get there early!** We will have volunteers directing you where to park to use every available space. Please follow their directions.

**IMPORTANT NOTES:** The Pagoda Pacers strongly discourage the use of headphones during any race. Also, Parents: If your child is under 18 and wishes to run, you **MUST** be present for the duration of the race. You may also run (we encourage it!). In the unlikely event your child gets hurt, medical personnel can **ONLY** treat him/her with your permission. **As this is a PA state facility, alcohol is prohibited.** Follow our Facebook page for additional information at <https://www.facebook.com/RunForTheAges>

**Online Registration Available at**  
<https://ultrasignup.com/register.aspx?did=123818>



(closes at midnight, Thursday Jun 12, 2025, or when limit reached, nominal service fee applies)

***With A Start Like This, Your Grandmother May Beat You!***

**A PAGODA PACERS A.C. and  
USATF-MA off -road EVENT!**