



ELCO ACTIVITY NETWORK'S
MAYHEM
ON MAIN 5K
BY EVOLUTION BARBELL

OCTOBER 11

REGISTRATION:
8:00-8:45 AM

5K RUN/WALK:
9:00 AM

REGISTRATION FORM

RACE DATE / TIME: Saturday, October 11, 2025. Rain or Shine. Registration at 8:00 AM; Start Time: 9:00 AM

BENEFITS: The Myerstown Holiday Parade - For over two decades, the Myerstown Holiday Parade has ushered in the Christmas festivities to the quaint hamlet. The parade started with a shoestring budget but tremendous community support. Over the years, the parade has grown to become a holiday highlight in Central Pennsylvania. It includes both local entries, as well as several bands that travel over two hours to entertain the crowds. We have hosted mascots from all over the region and, of course, the famous Mummers.

AWARDS: First Overall Male & Female, in addition to prizes for the top M & F finisher in each age group

ADDRESS: Lakeside Park, at the intersection of Main Ave and Quarry Drive, Myerstown PA 17067
GPS Coordinates: 40.376828604, -76.29511468244982

PARKING: Parking is available south on Quarry Drive, in the parking lots to the left and across the bridge

FEE: \$35 for adults (18 and older) & \$25 for students (18 and under), received by 9/19/25. After 9/19, \$45 & \$35 respectively

SHIRTS: Long-sleeved shirts will be provided for registrations *before 9/19*

PAPER REGISTRATION: Checks payable to: **EAN** Mail To: **PO Box 56, Myerstown PA 17067**

ONLINE REGISTRATION: https://www.pretzelcitysports.com/calendar_event/mayhem-on-main-5k/

----- DETACH AND RETURN THIS PORTION -----

NAME

EMAIL

STREET

CITY, STATE, ZIP

PHONE NUMBER

SHIRT SIZE (CIRCLE ADULT OR YOUTH)

AS AM AL AXL YS YM YL

AGE (on 10/11/25)

SEX (circle one)

RACE PARTICIPANT (circle one)

Male Female

5k Runner

5k Walker

CONSENT AND WAIVER

I know that participating in a race is a potentially hazardous activity. I should not enter unless I am medically able to participate. I also assume any and all risks associated with participating in this event, including but not limited to falls, contact with other participants, the effects of the weather, traffic and the condition of the roads. In consideration of accepting this entry, I hereby waive for myself and my heirs all rights and claims for damages I may have against the ELCO Activity Network, Myerstown Vitality Partnership and all other sponsors, volunteers, their agents or representatives arising out of, or in the course of, my participation in this event. I also give permission for the free use of my name and picture in any broadcast, telecast or print media account of this event.

SIGNATURE (PARTICIPANT OR LEGAL GUARDIAN IF UNDER 18)

DATE SIGNED
