

The Fourth Annual

# 5KING

**SATURDAY, OCTOBER 18, 2025**

to benefit **Viking Athletics and the Central City Project for the City of Allentown**

LOCATION: J. Birney Crum Stadium, 2027 Linden Street, Allentown, PA  
Registration / number pickup opens at 8:00 am outside SW entrance of stadium

TIME: 5K starts at 9:30 am  
1 Mile Fun Run/Walk (Open to All Ages) starts at 9:00 am

5K FEATURES: Finisher's Medal. T-shirt with early registration (see below). Timed results, clock at finish. Rain or shine.

5K AWARDS: First place Overall Male and Female plus Top 3 Finishers Male/Female in the following age groups.  
14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

ENTRY: 5K: \$35 if registered by October 1st includes guaranteed shirt  
\*after October 1st: \$40 and shirts available while supplies last  
Fun Run: \$20 if registered by October 1st does not include shirt or awards  
\*after October 1st: \$25

Optional Online Registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)  
(Nominal processing fee applies, closes at midnight, October 15, 2025)

**NO REFUNDS OR MAILED AWARDS.**

RACE DIRECTOR: Max Bayer, more info at [www.viking5k.com](http://www.viking5k.com) or email [acchsviking5k@gmail.com](mailto:acchsviking5k@gmail.com)

**MAKE CHECK PAYABLE TO "Allentown Central Catholic High School"**

**MAIL CHECK & FORM BELOW TO: ACCHS, Attn: Max Bayer, 301 N. Fourth Street, Allentown PA 18102**

Last name \_\_\_\_\_ First name \_\_\_\_\_

-Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Circle one: 5K Fun Run Sex: M F Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Shirt Size (circle one): S M L XL Phone: (\_\_\_\_) \_\_\_\_\_

Email: (print clearly) \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there may be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Allentown Central Catholic High School, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_

date \_\_\_\_/\_\_\_\_/ 20\_\_\_\_