

# Leaves & Laces 5K

## & Fun Walk

Presented by Scout Troop & Pack 103

**Sat, November 15th - 9 AM - Blandon, PA**

**LOCATION/REGISTRATION:** Starts at Maiden Creek Community Park 753 Park Rd, Blandon, PA 19510; Registration/number pickup at Maiden Creek Community Park Pavilion, starting at 8 AM. 5K at 9:00 AM, Fun Walk at 9:15 AM.

**COURSE:** 5K race starts and ends at Maiden Creek Community Park, course will take participants through local roads/neighborhoods in Blandon. Course is stroller friendly. Participants can elect to run or walk the course. Northern Berks Police Department and Blandon Fire Company Fire police will be assisting with traffic control for the event. Fun Walk will be in Maiden Creek Community Park. Fun walk is approximately ¾ mile and will be untimed. Fun walk is open to all ages (awards and shirts are not included).

**AMENITIES:** Refreshments for finishers, water station on route, indoor toilet facilities at park, parking available, time clock at finish and instant results. Held rain or shine. No refunds or mailed awards. Results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) in 1-2 days.

**AWARDS:** Awards for the Overall Male & Female Top Finishers, Age Group awards for Top 2 Male & Female finishers for the following age groups: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69 & 70+, additional awards Top 2 Scout finishers (includes both youth involved in Cub Scouts, Scouting America and Girl Scout units and individuals that have earned Eagle Scout & Gold Award). Must be present for awards-will not be mailed.

**ENTRY:** For 5k: \$30 (w/ shirt) or \$20 (no shirt) if registration completed by 10/23. Race shirt is a performance tech short sleeve t-shirt (\$15 value). Afterwards, inc. day of race, \$30 with option to purchase shirts while supplies last. Fun walk cost is \$10 (no shirts provided).

*Our scout group is also hosting a shoe drive. We encourage racers to donate their used, gently worn shoes/sneakers/boots that will be sent to an organization that works with developing areas to help deliver shoes to people in need and develop micro-enterprise with shoe trade.*

**Optional Online Registration Available at** <https://www.pretzelcitysports.com/online-registration/>  
(Nominal service fee applies, closes at midnight, the Wednesday before race day)

**CHECK PAYABLE TO Troop 103 & MAIL CHECK & FORM BELOW TO:** Brittany Blose, 416 E Wesner Rd, Blandon, PA 19510

**RACE DIRECTOR:** Brittany Blose, 610-914-9046, [Brittany.Blose@yahoo.com](mailto:Brittany.Blose@yahoo.com) Website:

<https://www.facebook.com/profile.php?id=61580710463951>

.....Please Print Clearly.....

Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Race (circle one): 5K FUN WALK Sex: M F Phone: (\_\_\_\_) \_\_\_\_\_

Shirt Size (circle one): S M L XL 2XL 3XL Email: \_\_\_\_\_

Indicate if you are a participant in the Scouting program (Circle): Yes No Eagle Scout Gold Award

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Troop/Pack 103 and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign.

Signature \_\_\_\_\_ Date \_\_\_\_\_