



THE 2nd ANNUAL Shiitake Shuffle 5K Run

(or 1.5-mile walk – for those who don't run 😊)

Presented by The Giorgi Companies & Benefiting Helping Harvest
Sat, October 3, 2026: 9 AM - Blandon, PA

LOCATION/REGISTRATION: Both the 5K and the 1.5 Mile walk will begin at the same time. Starts at CCA – 326 June Ave, Blandon, PA 19510; Registration/number pickup starts @ 8:00 AM – 5K at 9:00 AM.

COURSE: 5 K Will start @ Can Corporation of America (CCA), wind around our Giorgio “Farm of the Future,” head back down June Ave, take a tour of the surrounding neighborhood and finish back at CCA’s facility. 1.5 mile walk – shortened route.

AMENITIES: T-shirt to all pre-registrants of 5K & swag bag for all. We will purchase additional shirts and have them available on the day of the race – while supplies last. Refreshments, outdoor toilet facilities, loads of parking, time clock at finish and instant results. Held rain or shine. No refunds or mailed awards. Results on www.pretzelcitysports.com in 1-2 days.

AWARDS: Trophies for: Top 3 Overall Winners – Male & Female & 1st Place Male and Female Grandmasters (50+) Trophies. Medals for: 1st, 2nd & 3rd place winners in each age category. Collectible completion medallions will be handed out to all. Age categories – 15 & under, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.

ENTRY – 5K & 1.5-mile walk: \$30 (T-shirt included). \$15 for Giorgio & CCA Production Employees – must provide employee ID for verification (T-shirt included). Swag Bags are provided to all pre-registrants and to same day registrants while supplies last.

Online Registration Available at [Shiitake Shuffle 5K Sign Up Form](#)
(Nominal service fee applies, closes at midnight, the Wednesday before race day)

RACE DIRECTOR: Kristina Huskey | 484-877-6587 | kristina.huskey@giorgiofresh.com

GENERAL DIRECTIONS FOR ALL to CCA – 326 June Ave, Blandon PA 19510: From Reading (South) - Take Rt. 422 W to US–222N to Park Rd in Ontelaunee Township. Take the US-222 BUS S exit from US-222 N. Continue onto Park Rd, turn left at Excelsior Drive, then left on June Ave and follow signs. From Hamburg (North) – Take PA-61 S to PA-73 E & turn left. Continue to Park Rd and turn right. Follow to Excelsior Dr, make right, turn left on June Ave and follow the signs.

MAKE CHECK PAYABLE TO ‘Helping Harvest’ & MAIL CHECK & FORM BELOW TO:
The Giorgi Companies, 108 Plaza Dr Suite 200, Blandon PA 19510; Attention – Tammie Wertz

.....Please Print Clearly.....

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race Day age: _____ Date of birth ____ / ____ / ____

Race (circle one): 5K or 1.5 Mile Walk Sex: M F Phone: (____) _____ A.M. or P.M.?

Shirt Size (circle one): S M L XL email _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there may be vehicular traffic and other hazards on the course and I knowingly and voluntarily assume the risk for running in traffic. I also assume any or all other risks associated with participating in or attending the race including but not limited to falls, contact with other participants, spectators, volunteers, or vehicles, the effects of the weather, including heat, cold, rain, or other conditions, and the condition of the roads, sidewalks, or other surfaces, all such risks being known and appreciated by me. Knowing these facts, I hereby for myself, my heirs, executors, administrators, successors and assigns, or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, THE GIORGI COMPANIES, INC., GIORGIO FRESH CO., CAN CORPORATION OF AMERICA, INC., GIORGIO MUSHROOM CO., GIORGIO FOODS, INC., EACH OF THEIR AFFILIATED AND RELATED COMPANIES, AND THEIR OWNERS, OFFICERS, DIRECTORS, EMPLOYEES, AGENTS, REPRESENTATIVES, SUCCESSORS, AND ASSIGNS, any subcontractors and facilities they utilize, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, or anyone else associated in any way with the race (collectively, the “Releasess”), from any or all claims or liability for death, personal injury, or property damage of any kind whatsoever arising out of, or in the course of, my participation in, attendance at, travel to or from, or involvement with this event or related activities. This Release extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown, from whatever cause, INCLUDING, WITHOUT LIMITATION, THE NEGLIGENCE OF THE RELEASSEES STATED HEREIN, TO THE FULLEST EXTENT PERMITTED BY APPLICABLE LAW. I acknowledge that I am voluntarily participating in this event with knowledge of the risks involved and assume full responsibility for any injury, damage, or loss that I may sustain as a result of my participation. I further acknowledge that this Release is intended to be as broad and inclusive as permitted by applicable law and that I am signing it freely and voluntarily without any inducement or assurance of any nature. I further agree to indemnify and hold harmless the Releasees from any claims brought by or on behalf of any minor or other person arising from my participation in the event to the extent permitted by applicable law. I authorize the event organizers and medical personnel to obtain emergency medical treatment for me if deemed necessary, and I agree to be responsible for any costs associated with such treatment. I further grant permission to Pretzel City Sports and the other Releasees to photograph, record, and use my name, image, voice, and likeness in any media now known or later developed for promotional or other lawful purposes without compensation or further approval. If any portion of this Release is held invalid, the remaining provisions shall remain in full force and effect.

BY SIGNING BELOW, I ACKNOWLEDGE THAT I HAVE READ THIS RELEASE CAREFULLY, UNDERSTAND ITS TERMS, AND AGREE TO BE LEGALLY BOUND BY IT

Signature _____ Date ____ / ____ / 20 ____