

GET READY TO RUN!
Presented by the Perkasio Rotary Club
The 2026 Hang Ten 10K Run



March 7, 2026

Pfaff Elementary School 1600
 Sleepy Hollow Rd. Quakertown PA
 18951

Registration: 8:30-9:30AM
 Race Start 9:30 AM

Join us for the Perkasio Rotary's Hang Ten 10K race. After almost 20 years of having early season 10 mile and 4 mile races, we've switched to a 10K. The 10K largely follows the 10 mile course, leaving out the loop on the 10 mile course that includes the beloved hill at mile 4. We did, however, leave all the other hills there for you.

Enjoy easy parking, indoor check-in and restrooms, generous awards and a hearty buffet with grilled favorites, fresh fruit and snacks.

Founded in 1905, Rotary International is dedicated to "Service Before Self". The Perkasio Rotary Club has been serving the community since 1925. To learn more, visit us at www.perkasierotary.com.

Online registration at

<https://runtheday.com/register/detail/perkasie-rotary-hang-ten-10k-dpp/?source=upcomingraces> or
<https://www.pretzelcitysports.com/onlineform1.php?id=1860>

In the event of bad weather, cancellation and rescheduling information will be posted on www.runtheday.com and Perkasio Rotary's Facebook page.

Course Records

M – TBD

F- TBD

Awards (Male & Female)

Overall, 1-3; 1st Masters, Age Group (3M/3F): 9 & Under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

Results will be posted at www.runtheday.com

For questions, contact race organizer:

Bill Tuszynski
 267-374-1631 (before 10PM)
bill.tuszynski@gmail.com



Name _____

Age on Race Day _____

M _____ F _____

Shirt Size: Youth Large S M L XL 2X

Address _____

City _____ State _____ Zip _____

E-Mail _____

\$40 Postmarked by 2/28/2026

\$45 After 2/28/2026 & Race Day

MAKE CHECK PAYABLE TO
Perkasie Rotary Club Foundation

MAIL TO
**Bill Tuszynski, 27 Vassar Drive
 Quakertown PA 18951**

I know that participating in a race is a potentially hazardous activity. I should not enter unless I am medically able to participate. I also assume any and all risks associated with participating in this event, including but not limited to falls, contact with other participants, the effects of the weather, traffic and the condition of the roads. In consideration of accepting this entry, I hereby waive for myself and my heirs all rights and claims for damages I may have against the Quakertown Rotary Club, and all other sponsors, volunteers, their agents or representatives arising out of, or in the course of, my participation in this event. I also give permission for the free use of my name and picture in any broadcast, telecast or print media account of this event.

Signature _____

(parent/guardian if under 18 years)