



# 1st Annual Lehigh Valley Easter 5K & 10K and ½ Mile Fun Run

benefitting the Eastern Pennsylvania Down Syndrome Center

Saturday, April 4<sup>th</sup>

Lehigh Parkway, 1696 Park Drive, Allentown (LRVV Clubhouse)

Registration opens at 7:30 AM, Fun Run 8:30AM start, 5K/10K begins 9:00AM

This race will be manually timed by Pretzel City Sports. Strollers welcome; no pets on course. Awards: Top male and female overall. Top 3 males and females in each category: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

**All registration fees include event day t-shirt**

Early Registrants (by March 21st)-\$30.00

March 22nd thru April 3rd-\$35.00

Day of Race Registration-\$40.00

½ Mile Fun Run (no shirt but Easter Egg Prizes at the finish line) - FREE



Questions? Contact: Kerri DiDario • Phone: (484) 201-1922 • Email: [epdsckerri@gmail.com](mailto:epdsckerri@gmail.com)

Register online at <https://charity.pledgeit.org/LVEaster5K10K> or mail checks and the completed application below, payable to: EPDSC, 3895 Adler Place, Suite 135 Building A, Bethlehem, PA 18017. No refunds or bib transfers. Event will be held rain or shine. Race director reserves the right to alter or cancel the event for safety reasons.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Street or Mailing Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_ Date of Birth \_\_\_\_\_  
E-Mail Address \_\_\_\_\_  
Age (on day of race) \_\_\_\_\_ Gender \_\_\_\_\_ Phone \_\_\_\_\_  
Emergency Contact Name & Phone# (race day use only) \_\_\_\_\_  
\_\_\_\_\_

Race (Circle 1) FUN RUN 5K 10K Virtual: Can't make race day but want to support the cause? Run a virtual 5K or 10K anytime, anywhere through April 4. No time submission required. All virtual participants receive a t-shirt.)

T Shirt Size S M L XL XXL

Additional donation to the EPDSC: \$ \_\_\_\_\_

Waiver/Release: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors, including, but not limited to Eastern Pennsylvania Down Syndrome Center, the City of Allentown, Pretzel City Sports and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running/walking in this event, including, but not limited to falls, contact with other participants, weather conditions and road conditions; all such risks being known and appreciated by me. I understand that weather, traffic, and course conditions may change, and I assume all related risks. I grant full permission for organizers to use my name and/or pictures in legitimate accounts and promotions for the event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian signature if under 18 \_\_\_\_\_