



5K Run/Walk | 1-Mile Fun Run/Walk
Benefiting the Joseph T. Simpson Public Library

LOCATION:

Winding Hills Park—North & South
901 E. Winding Hill Road (Upper Allen Township)
Mechanicsburg, PA 17055

WHEN:

7:45 am Check-in begins
8:30 am 5K Run/Walk begins
9:15 am 1-Mile Fun Run/Walk begins
9:30 am Awards presentation

REGISTRATION FEES:

By July 20:

- \$30 pre-registered 5K participant (includes shirt)
- \$15 Family Fee for 1-mile Fun Run/Walk (no shirt)
- \$10 Single Fee for 1-mile Fun Run/Walk (no shirt)

After July 20 through Race Day:

- \$35 per 5K participant (shirt not guaranteed)
- \$20 Family Fee for 1-mile Fun Run/Walk (no shirt)
- \$15 Single Fee for 1-mile Fun Run/Walk (no shirt)

COURSE:

The 5K runs through paths in both Winding Hills Park North and South as well as through neighborhood paths and roads.

RESULTS:

Finish line and timing service by Pretzel City Sports. Race results posted on www.pretzelcitysports.com and on the library's web page within 72 hours after the race at www.simpsonlibrary.org.

AWARDS: 5K medals given to 1st, 2nd, and 3rd place M/F in each age group; cash and medal prizes given to top 5K three M/F overall and top Veteran* finisher. No medals for 1-Mile Fun Run/Walk or virtual participants.

5K AGE GROUPS:

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

CONTACT INFORMATION: Dawna Trump at dtrump@cumberlandcountylibraries.org or 717-766-0171.

OPTIONAL ONLINE REGISTRATION AVAILABLE

<https://www.pretzelcitysports.com/online-registration/>

PLEASE CHECK ONE: In Person 5K Virtual 5K

ONE REGISTRATION FORM PER PERSON

Name _____

Email _____

Address _____

City, State, Zip _____

Phone _____

Age on Race Day _____ Male _____ Female _____

Shirt Size—register by July 20 to guarantee shirt availability

Are you a Veteran*? _____ Yes _____ No

____ Adult S ____ Adult M ____ Adult L ____ Adult XL ____ Adult 2XL

____ Youth S ____ Youth M ____ Youth L

____ 5K participant (\$30 if reg. by July 20; \$35 after July 20)

____ 1-Mile Fun Run/Walk (\$10 Single/\$20 Family Rate; after July 20, \$15 Single/\$25 Family Rate, \$10 per shirt)

*Same cost for in-person or virtual.

Virtual-shirt pick up at library post race.

\$ _____ Enclosed (checks payable to Simpson Public Library, 16 N. Walnut St., Mechanicsburg, PA 17055)

I certify that I suffer no conditions likely to cause me injury or illness from participation in this event. I waive and release any and all rights I may have against the Joseph T. Simpson Public Library, sponsors, their agents, employees, tenants, volunteers, and Upper Allen Township for damages, injuries, or losses I may suffer as a result of this event. I grant permission to the aforementioned to use my name and/or photography or videotape of this event without limitation or obligation.

Signature (REQUIRED)

Date

Parent/Guardian Signature (if under age 18)

OFFICE USE: AMT \$ _____ CHECK or CASH