

Upper Nazareth Wellness Day & Blue Eagle 5K Fun Color Run

Saturday, May 30, 2026

Race Start Time: 9 am

Wellness Fair: 10 am – 12 pm

Upper Nazareth Municipal Complex | 100 Newport Ave, Nazareth, PA 18064

Family-friendly, community-wide event. 5K run/walk with color experience.
Wellness fair open to the public (all ages welcome)

RACE & REGISTRATION DETAILS

- Pre-Registration: \$30 (deadline April 30, 2026)
- Post-Deadline / Day-of Registration: \$35
- Race T-shirt included with registration
- T-shirt size selection will be part of registration

RACE EXPERIENCE HIGHLIGHTS

- Race starts and finishes at the Municipal Complex
- Finishers receive early access to the Wellness Fair
- Water, fruit, and granola bars provided post-race to race participants

WELLNESS FAIR & ACTIVITIES

- DNA Answers
- Physical Therapy screenings (grip strength and running assessment)
- Open workout on the Fitness Court
- CHC "Mock Teen Bedroom" alcohol & drug awareness seminar
- Athletic testing station (vertical jump, broad jump, pro-agility)
- Upper Nazareth Recreation Department
- United Way
- Sweet Wildflowers (local business vendor)



Race Registration:

