



Ginger Goudie Memorial 5K

And 1-Mile Fun Run
Mount Joy, PA

Saturday, November 7, 2026 9:00 AM 5K
10:45 AM 1-Mile Fun Run

WHO: Runners of all ages. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course. The course is stroller-and wheelchair-accessible.

WHAT: The Ginger Goudie Memorial 5K is a fundraiser for the Janus School.

WHERE: Begin at the Janus School, 205 Lefever Rd. Mt. Joy, PA 17552, and continue through the development that leads into the park and circle back to the school. 1, 2, and 3 miles marked.

- Registration will be located under the entrance of the school, at the start/finish line.
- Mostly flat course, FAST with same starting and ending point.
- GREAT place to PR!
- Clock at finish, refreshments, instant results
- Rain or Shine
- No refunds or mailed awards/shirts
- [Course Map](#)

WHEN: Saturday, November 7, 2026
8:00 am – Registration begins
9:00 am– Ginger Goudie Memorial 5K Run/Walk begins
10:45 am – 1-mile Fun Run for all ages (untimed)
11:00 am – Award presentation at finish line
11:00 am-1:00 pm–The Janus School Fall Fest –open to the public

MAKE CHECK PAYABLE TO: “The Janus School”

MAIL CHECK & FORM BELOW TO: The Janus School, 205 Lefever Road, Mount Joy, PA 17552

REGISTRATION: Form must be filled out to participate.

Mail form & payment to:

**The Janus School 205 Lefever Rd. Mount Joy, PA 17552
Ginger Goudie Memorial 5K Run/Walk:**

- Early Registration Fee (due by October 20): \$35
 - Includes a t-shirt!
- Late Registration Fee (received after October 20): \$40
 - NO t-shirt included in registration

1-Mile Fun Run:

- Any aged participant invited
- Registration Fee: \$35 Register by 10/20 to get a t-shirt!

Optional Online Registration: www.pretzelcitysports.com
(nominal processing fee applies, closes at midnight, Nov 4, 2026)

AWARDS:

5K: Separate awards for the Overall Male & Female winners. Medals presented to the top three Male & top three Female finishers in each of the following age buckets: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Fun Run: Awards given to Top 3 Males & Females

RESULTS: Finish line and timing service by Pretzel City Sports.

Race results posted on www.pretzelcitysports.com

QUESTIONS: Call Michelle Dickinson at 717-653-0025 or email at mdickinson@thejanusschool.org

MORE INFO:

<https://thejanusschool.org/programs-events/fallfest/>

PLEASE PRINT (Please do not mail after Oct. 31st – You may register on Race Day bring your form with you)

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Gender: Male Female Age (on Race Day) _____ Event (circle one): 5k RUNNER 5k WALKER Fun Run

Phone _____ E-mail address _____

T-shirts
only avail if
registered
by 10/20

T-shirt size (circle one)
Youth S M L
Adult S M L XL XXL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to The Janus School, Pretzel City Sports, the Borough of Mount Joy, Rapho Township, and those in their employ and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X _____ Today's Date _____

(Parent or guardian's signature if less than 18 years of age.)