



Saturday, September 26, 2026 – 9 am: Pottstown, PA

LOCATION/REGISTRATION: Starts at Althouse Arboretum, 1794 Gilbertsville Road, Pottstown, PA 19464; Registration/number pickup at Main Building. starting at 8:00 AM. 5K at 9:00 AM, Family/Dog Walk 9:45 am and Dog Days Fair at 10:00 am to 1 pm.

ENTRY: For 5K or Family Walk: \$25 if postmarked by September 14, 2026, and includes shirt. Day of Race: \$35 while shirts last, \$30 with no shirt. For Combo includes 5k & Family/Dog Walk: \$35 if postmarked by September 14, 2026, and includes shirt. After that date including Day of the Race \$45, shirt available while supplies last

COURSE: The 5K & 1 mile Family/Dog Walk course is marked using some of Arboretum's 27 wooded acres!!

AMENITIES: T-shirt to all preregistrants of 5K and family walk while supplies last. Refreshments for finishers, loads of parking, time clock at finish and instant results. Dog Days Fair starts at 10 am to 1 pm with Vendors and Rescues.

Interested in adding a dog to your Family walk? Donate \$5.00 to a Rescue and Choose one of our Rescue Dogs for the walk!! This is a Rain or Shine Event. No refunds or mailed awards. Results on www.pretzelcitysports.com in 1-2 days.

5K AWARDS: Overall Male & Female winners plus: 13 & Under : 3M, 3F 14 - 19: 3M, 3F 20-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69: 3M, 3F and 70+: 3M, 3F

Optional Online Registration Available at <https://www.pretzelcitysports.com/online-registration/>
(Nominal service fee applies, closes at midnight, the Wednesday before race day)

CHECK PAYABLE TO “Animal House Project” & MAIL CHECK & FORM BELOW TO: Animal House Project; Attention: Ruff-Mutt-er Mascot, 72 Robinson Street, Pottstown, PA 19464

Questions Regarding the Event or Interested in Sponsorship:
Marybeth Yannessa, 484-558-0467 or marybeth@animalhouseproject.org

.....Please Print Clearly.....

Last name _____ First name _____

Address _____

City/State _____ Zip _____ Race day age: _____ Date of birth ____ / ____ / ____

Race (circle one): 5K or Family/Dog Walk or Combo Sex: M F Phone: (____) _____ A.M. or P.M
I want to Rent a Dog for the Walk: Y/N

Shirt Size (circle one): S M L XL email _____ @ _____

WAIVER: I know that running a trail run is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Animal House Project and its programs and Green Allies/Althouse Arboretum and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date ____ / ____ / 20 ____