Another stupid idea from Pretzel City Sports that actually has a "sick appeal" to it; the 1st ever

"Hurtin' Hamster"

Modified Backyard Brawl Trail Run

Ten 5k's, back to back, one every hour. Solo or Relay

Sunday, May 16th, 2027 – 8:30 AM till 6:30 PM

East of the Pool area in French Creek State Park - Birdsboro, PA

Online reg ONLY so there's a central source of emails to use to reach you, should we need to share news

Not familiar with the term "backyard brawl"? Here's how it works. Starting at 8:30 AM, we'll have a fairly flat 5k rustic trail race, with short sections of road at the start & end to facilitate passing. Then, we'll have another on the same course at 9:30 AM. Then another 5k at 10:30 AM. And so on and so on. Nine preliminary 5k's where, much like a hamster running on the wheel inside its cage, you'll end up not getting anywhere but where you started! You have 1 hr to finish each 5k and rest up for the next one that will start exactly 1 hr later. Run them fast & you can rest longer. Run them slow & you have to **make sure you finish the lap before the NEXT lap starts; otherwise, you are out of the race** (or you can drop out on your own). Your time or finish place for each lap doesn't even matter. **But on the 10TH lap, that all changes**. **THEN, you are running for awards based on your finish place in THAT LAP ONLY!** In addition to the age group awards, 10 lap finishers will also get a medal noting that you are a 50k finisher (no finisher medals for relay members-may have to mail some if the # of finishers exceeds our estimate). Take it easy & save everything for lap 10? Or run each lap fast to psych out your competition? Only YOU know; all WE know is this will be a HOOT of a time & a day where your strategy is almost as important as your speed**! 2 person relays allowed too:** one person does all even # laps, one does all odd # laps. Same elimination rules apply. No change in order or frequency by any of the runners unless an injury occurs

AWARDS: Top 2 M & F and: 0-39 5M, 5F 40-49: 4M, 4F 50-59: 4M, 4F 60-69: 4M, 4F (top age group for women) 70+: 2M Top 3 Clydesdales-M and F; Clyde weights: Men: minimum of 210 lbs. or 185 if 5 ft., 9 inches tall or less. Women: minimum of 160 lbs., 140 if 5 ft., 4 inches tall or less. Awards based on the 10th lap only. Must do all 9 laps before each lap's cutoff to be allowed to run the 10th lap. **Relay awards:** 1st - all male team, all female team & coed team.

REGISTRATION/ENTRY/FEE: Online registration on www.pretzelcitysports.com; closes at midnight of the Wed before the race. Packet pickup opens at 7:30 AM east of the Park's pool, 1st race at 8:30 AM. And then another 5k each hour. **Fee with shirt:** $75 if entered by **Fri, April 30th, 2027.** with shirt (sizes S thru 2X-to prereg only & post reg while they last) Afterwards, including raceday, $ 90 while shirts last, $85 when gone. **Fee without shirt:** $70 if entered by **Fri, April 30th, 2027.** Afterwards, including raceday, $85. **2 person Relay Fee with shirt:** $50 per person if entered by **Fri, April 30th, 2027.** with shirt (sizes S thru 2X-to prereg only & post reg while they last) Afterwards, including raceday, $ 65 while shirts last, $60 when gone. **2 person Relay Fee without shirt:** $45 per person if entered by **Fri, April 30th, 2027.** Afterwards, including raceday, $60. Relay members may mix their form of entry; i.e one WITH shirt and one WITHOUT. **WARNING: FEW** extra shirts are printed than those ordered by prereg entries so enter ASAP to increase your chances of getting a T-shirt! We race in all weather. No refunds, no smoking at race site, no alcohol in park. Dogs OK in park and in race as well if leashed & friendly.

Online Registration on www.pretzelcitysports.com required

(small service fee applies, closes at midnight on Wed the week of the race. Raceday signup available, cash or check) (availability of shirts for raceday entries is highly suspect)

PERKS: shirt without 90 ads on the back**,** loads of hot/cold eats & drinks for racers after each loop (for sale to public too), indoor johns, lots of parking & room for tent/popup setup, results on pretzelcitysports.com the next day, EMS on site. The Park's playground, lake for boating & fishing and camping are all nearby as well.

Park Address for GPS-ers: French Creek State Park**,** 843 Park Rd, Elverson, PA

Questions?? Contact Head Rodent Ron Horn, rhornpcs@aol.com (preferred) or call 610-779-2668 (available 24/7 Mon thru Sun but at a time of day within reason)